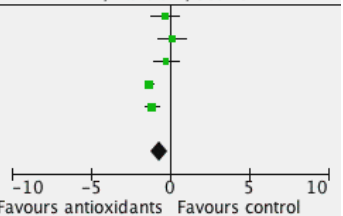
Study or Subgroup	Antioxidants Mean	Antioxidants SD	Antioxidants Total	Control Mean	Control SD	Control Total	Weight	Std. Mean Difference IV, Random, 95% CI
Berger 1998	9	10	10	12	9	10	16.3%	-0.30 [-1.18, 0.58]
Berger 2001a	6.2	3.5	9	5.4	6.5	12	16.6%	0.14 [-0.72, 1.01]
Berger 2001b	4.1	3.6	11	5.4	6.5	12	17.3%	-0.24 [-1.06, 0.59]
Crimi	6.2	2.3	112	8.9	1.8	112	26.4%	-1.30 [-1.59, -1.01]
El-Attar 2009	9.4	7.3	40	17.8	7.6	40	23.5%	-1.12 [-1.59, -0.64]
Total (95% CI)			**182**			**186**	**100.0%**	**-0.67 [-1.22, -0.13]**

Heterogeneity: $Tau^2 = 0.27$; $Chi^2 = 16.80$, df = 4 (P = 0.002); $I^2 = 76\%$

Test for overall effect: Z = 2.42 (P = 0.02)