## Dermatology and Therapy

- Recent studies have revealed negative effects or poor evidence of certain modalities for treating melasma in Indian patients, while new safe and effective treatment modalities are emerging.
- The Indian dermatologist's panel has proposed an algorithm to treat Indian patients with minimum adverse events and best efficacy after careful analysis of the quality and level of evidence of clinical studies on available treatment modalities.
- Topical use of triple combination of hydroquinone, tretinoin, and fluorinated steroid, as well as superficial to medium chemical peels are recommended.
- Laser therapy should be used sparingly if other alternatives fail to have an effect.

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