

Table 4* (online). Percentage exact agreement and interrater reliability for items and criteria: Independent pairs of rating of 13 sites at 4 times for items 1-6 and for 95 patient records for items 7-17**

#	Items (1-17) and criteria (a-e)	Agreement	ICC/Kappa**
	Policies Subscale items and criteria		
1	Policy promoting physical fitness	65 %	.90
a	Coordinator for fitness activities	87 %	.68
b	Fitness coordinator negotiates gym	84 %	.88
c	Physical activities are made known	90 %	.75
d	Help to track physical activities	94 %	.74
2	Practical help to physical activities	81 %	.88
a	Physical activity groups at least twice a week	96 %	.88
b	Physical fitness room or help to use a gym	92 %	.57
c	Exercise options for various patient preferences	90 %	.57
d	Exercise groups offered at suitable times	98 %	.88
3	Policy supporting healthy diet	69 %	.88
a	Policy and information on healthy diet	85 %	.68
b	No sugary beverages or junk food on premises	94 %	.74
c	Meals on premises are mainly nutritious	100 %	1.00
d	Unit has collaboration with a dietician	92 %	.73
e	Unit provides access to cooking classes	94 %	.79
4	Policy supporting smoking cessation	62 %	.89
a	Policy and information on no-smoking	92 %	.83
b	Smoking cessation regular topic in consultations	75 %	.47
c	Unit offers support for smoking cessation	87 %	.65
d	Nicotine patches or gums are accessible	93 %	.77
5	Policy supporting dental health	79 %	.92
a	Policy and information on dental health	88 %	.75
b	Procedures for monitoring dental health	94 %	.88
c	Toothbrush, toothpaste and dental floss available	96 %	.89
d	Assists appointment with dental hygienist or dentist	92 %	.46
6	Collaboration and communication with GP	77 %	.85
a	Policy of regular communication with GP and others involved	87 %	.51
b	Policy on regular information exchanged with GP	83 %	.65
c	Routine electronic transfer of information with GP and others	96 %	.85
d	Collaboration with a specialists or unit in internal medicine	98 %	.94
	Practices Subscale items and criteria		
7	Support for regular physical activities	96 %	0.80
a	Plan for physical activities documented in patient records	93 %	.76
b	Exercise plan approved by a physician	92 %	.67
c	Patient has been offered to join a group for physical activities	88 %	.75
d	Methods to track physical activities discussed with patient	96 %	.73
e	Review of exercises done by patient is documented	70 %	.39
8	Monitoring of physical health conditions	93 %	.85
a	Physical examinations documented in defined place in records	93 %	.85
b	Results of all laboratory or other tests easily accessible in	92 %	.75
c	No more than 6 months since last documented physical	88 %	.76
d	Follow up of physical health is planned, and it is followed up	77 %	.49
9	Documented collaboration with GP	84 %	.66

a	Communication with GP is documented in patient record	86 %	.72
b	Information from GP documented in a specified place in	85 %	.42
c	List of current medications in a defined place and easily	93 %	.63
d	Documented medication to GP after discharge or change	93 %	.85
e	Documented who is responsible for medical follow up	76 %	.51
10	Documented support for healthy diets	96 %	.58
a	Documented going through a full diet assessment with patient	95 %	.26
b	Documented staff suggesting healthy food choices for patient	90 %	.55
c	Documented help to join a cooking classes for healthy food	96 %	.58
11	Monitoring BMI and waist circumference	99 %	.90
a	Patient educated about BMI and overweight/underweight	97 %	.38
b	Weight recorded or attempted recorded each month or no	85 %	.64
c	BMI calculated and discussed with patient at least once	94 %	.72
d	Waist circumference has been measured at least once	96 %	.81
e	Weight change/stability discussed with patient	85 %	.62
f	Patient encouraged to track weight	97 %	.78
g	Patient receives recognition for reaching target weight	97 %	-.01
12	Assessment and treatment of obesity or malnutrition	89 %	.64
a	Assessment done whether patient is obese or at risk for obesity	76 %	.52
b	Assessment for sleep apnea has been done and documented	99 %	.66
c	Referred to specialist or GP within a month if high BMI	87 %	.68
d	If obesity, treatment for obesity is followed by unit, GP or	78 %	.44
e	Patient has met with dietician for overweight, or no obesity	87 %	.61
13	Assessment and treatment of hypertension	93 %	.85
a	Blood pressure documented measured at least once	98 %	.96
b	Treatment of hypertension followed up, or no hypertension	91 %	.81
c	Documented who is following blood pressure, or no	94 %	.87
14	Assessment and regulation of blood sugar	89 %	.79
a	Blood sugar measured at least once	95 %	.89
b	If medication or risk, blood sugar is measured monthly	89 %	.79
c	If elevated blood sugar, treatment followed by unit, GP or	91 %	.81
d	Documented who is following up blood sugar, or not elevated	87 %	.75
15	Assessment and regulation of blood lipids	94 %	.87
a	Blood lipids have been measured at least once	98 %	.96
b	If elevated blood lipids, treatment followed by unit, GP or	95 %	.89
c	Documented who is following up blood lipids, or not elevated	95 %	.89
16	Interventions for smoking cessation	93 %	.66
a	Patient has been asked about tobacco use	91 %	.81
b	If smoker, health risk has been discussed, or not smoking	89 %	.61
c	Educated about support for smoking cessation, or not smoking	95 %	.71
d	Smoking cessation program offered, including nicotine patches	94 %	.74
17	Monitoring of dental health	98 %	.85
a	Checkup/dental cleaning by dentist/dental hygienist at least	88 %	.67
b	Received information on oral hygiene in relation to medication	95 %	.73
c	Brushing twice daily and use of dental floss	98 %	.90
d	Application for free dentist has been sent or approved	91 %	.36
	Summary for items (like in Table 2):		
	Average agreement and ICC for items 1-6 (Policies)	72 %	.89
	Average agreement and Kappa for items 6-17 (Practices)	93 %	.77

	Average agreement for all 17 items		86 %	
	Summaries for criteria:			
	Average for criteria of Policies items		91 %	.74
	Average for criteria of Practices items		91 %	.67
	Average for criteria of the total fidelity scale		91 %	.70
Distribution of ratings of criteria				
	Exact agreement	Policies criteria	Prescriber Practices	Total fidelity scale
	60- 69 %	0	0	0
	70-79 %	1	5	6
	80-89 %	7	12	19
	90-100 %	17	30	47
	Cohen's Kappa	Policies criteria	Prescriber Practices	Total fidelity scale
	Poor (< .21)	9	1	1
	Fair (.21 - .40)	9	4	4
	Moderate (.41 - .60)	5	8	13
	Substantial (.61 - .74)	7	14	21
	Excellent (.75 – 1.00)	13	20	33

*) Table 4 also contains the results for items reported in Table 2 in the paper, so that these here in Table 4 may be seen together with the results for the criteria.

***) ICC for items rated 1-5 and Cohen's Kappa for patient records rated passed/failed and for criteria rated passed/failed.