

## Supplementary material 2:

**Table S1** Validation data for the LC–MS/MS procedure established in the present study

Validation item	$\alpha$ -PHP	$\alpha$ -PHP-M1-D1	$\alpha$ -PHP-M1-D2	$\alpha$ -PHP-M2	$\alpha$ -PHPP	$\alpha$ -PHPP-M1-D1	$\alpha$ -PHPP-M1-D2	$\alpha$ -PHPP-M2
Recovery (%) <sup>a</sup>								
5 ng/mL	87.1	98.6	97.1	111	93.7	112	113	117
40 ng/mL	91.7	97.1	98.3	104	89.8	105	102	121
200 ng/mL	95.1	101	103	109	92.2	103	103	119
Linearity <sup>b</sup>								
Range (ng/mL)	3.0–300	3.0–300	3.0–300	3.0–300	3.0–300	3.0–300	3.0–300	3.0–300
Equation	$y = 0.162x - 0.00063$	$y = 0.598x + 0.00202$	$y = 0.098x - 0.00014$	$y = 0.298x - 0.00243$	$y = 0.196x - 0.00103$	$y = 0.519x - 0.00269$	$y = 0.094x + 0.00018$	$y = 0.186x - 0.00306$
$R^2$	0.9988	0.9986	0.9984	0.9967	0.9981	0.9984	0.9941	0.9930
LOD (ng/mL)	0.45	0.15	0.75	0.24	0.30	0.15	0.90	0.45
LLOQ (ng/mL)	1.5	0.50	2.5	0.80	1.0	0.50	3.0	1.5
Intraday accuracy (%) <sup>c</sup>								
5 ng/mL	+4.51	-4.81	-2.38	-4.01	-7.88	-2.56	+0.44	-6.14
40 ng/mL	-3.71	+1.72	+3.30	-6.86	-6.19	-7.09	+0.41	-14.15
200 ng/mL	-3.95	-0.60	+6.55	-3.10	-7.74	-3.07	+4.11	-5.56
Intraday precision (%) <sup>c</sup>								
5 ng/mL	11.94	4.33	7.15	6.27	5.23	5.81	8.13	6.00
40 ng/mL	7.45	3.39	11.01	5.07	8.49	4.60	10.44	2.91
200 ng/mL	7.09	4.13	7.35	4.00	4.55	3.34	6.26	9.36
Interday accuracy (%) <sup>d</sup>								
5 ng/mL	+2.84	-3.95	+2.54	+1.59	-2.91	+2.98	+3.28	-2.52
40 ng/mL	-1.29	+3.80	+5.28	-3.81	-5.68	+3.35	+2.04	-8.90
200 ng/mL	-1.33	+3.56	+5.03	+1.97	-5.60	+2.63	+8.32	+4.97
Interday precision (%) <sup>d</sup>								
5 ng/mL	7.69	7.71	11.43	7.52	8.83	8.79	11.06	9.50
40 ng/mL	9.82	8.26	9.42	9.07	6.63	9.40	9.77	14.37
200 ng/mL	7.65	7.39	7.22	8.67	5.83	5.36	6.87	14.10

$R^2$  coefficient of determination, LOD limit of detection, LLOQ lower limit of quantification ( $10\sigma$ )

<sup>a</sup> The recoveries were calculated by comparing peak areas of the analytes extracted from spiked samples with those spiked in urinary extract ( $n = 5$ )

<sup>b</sup> Five different concentrations (3 replicates per level)

<sup>c</sup>  $n = 5$

<sup>d</sup>  $n = 15$  (3 days,  $n = 5$ )