**Supplementary Appendix**

**Table 4:** Overall Risk of Bias assessments for randomised trials (The Cochrane Colaboration’s tool for assessing risk of bias in randomized trials).

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Author** | **Overall Risk of Bias** |  |  |  |  |
| **Non-Surgical Weight Loss Intervention** |
| Ball et al 2011 | Unclear |
| Wall et al 2014 | Low |