

SUPPLEMENTARY MATERIAL

Appendix 1. Discussion guide for focus groups.

Dimension	Questions
The life history of patients	<ul style="list-style-type: none">• Patients are invited to introduce themselves to the rest of the group and to identify their age and health condition/s
Patients' perception about drugs	<ul style="list-style-type: none">• What is your experience with drug treatment?• What positive and negative impacts of your pharmacological treatment in your daily life would you emphasize?
Beliefs and motivations about treatment	<ul style="list-style-type: none">• What are your concerns in the future about your health?• What is your opinion about drugs?• Do you think drugs improve your health?• What other aspects do you consider that contribute to improving your health?
Subjective perception of medication adherence	<ul style="list-style-type: none">• Are you satisfied with your drug treatment?• Do you consider that your drug treatment is tailored to your needs, preferences and lifestyle?• Do you think you have good drug compliance? Why?• Do you consider that the information received about your medications is understandable?
Medication adherence issues	<ul style="list-style-type: none">• What are your more commonly difficulties in relation to your treatment?• If a concern arises regarding to your treatment, how do you resolve it?
Facilitators of medication adherence (socio-economic status, healthcare team and healthcare system, condition-related factors, therapy-related factors and patient-related factors)	<ul style="list-style-type: none">• What kind of support have you received to follow your treatment?• How have you been helped? What is your opinion on it?• Do you buy over-the-counter (OTC) drugs in the community pharmacy? How often?• Have you had a negative experience when taking a medicine? Did this situation lead you to leave the treatment?• How would you define the medicines you take? Do you consider your drugs effective, safe and easy to take, easy to identify and so on?
Recommendations	<ul style="list-style-type: none">• What do you think would really help you to improve your adherence to treatment?