

ESM Fig. 1 Age-related increase in FPG in non-diabetic participants. For ease of interpretation we have divided the non-diabetic participants into four groups depending on the number of risk alleles. Group 1, 0–2 risk alleles; group 2, 3 risk alleles; group 3, 4 risk alleles; group 4, 5–8 risk alleles. Unadjusted trend lines for each group are shown. Values of β with (95% CI) are calculated with linear regression adjusted for sex and BMI. Group 1, β =0.013 (0.007–0.019); group 2, β =0.011 (0.006–0.016); group 3, β =0.011 (0.007–0.016); group 4, β =0.013 (0.007–0.019); ρ <1.0×10⁻⁴ for all