## **Electronic supplementary material**

ESM Table 3 Quality assessment of included studies

Study	Sufficient description of the groups (DM, DM + Dep, Without DM, Dep without DM)	Control for confounding variables (age, sex, SES, education)	Blinding of baseline assessment data (diagnosis only)	Description of follow-up numbers	Description of dropout rates	Comparison of dropout rates between groups on key variables
Palinkas et al. [21]	Inadequate	Adequate	n/a	Adequate	Adequate	Adequate
Bisschop et al. [22]	Inadequate	Adequate	n/a	Adequate	Adequate	Adequate
Polsky et al. [23]	Inadequate	Inadequate	n/a	Adequate	Adequate	Inadequate
Brown et al. [24]	Adequate	Inadequate or over-	Not reported <sup>a</sup>	Inadequate	Inadequate	Inadequate
		adjusted				
Kim et al. [25]	Inadequate	Inadequate or over-	Not reported	Adequate	Adequate	Adequate
		adjusted				
De Jonge et al. [26]	Inadequate	Adequate	Adequate	Adequate	Adequate	Inadequate
Engum [27]	Inadequate	Adequate	n/a	Adequate	Inadequate	Inadequate
Maraldi et al. [28]	Inadequate	Adequate	n/a	Adequate	Adequate	Inadequate
Golden et al. [29]	Inadequate	Adequate	n/a	Adequate	Inadequate	Inadequate
Luijendijk et al. [30]	Inadequate	Adequate	Not reported	Adequate	Inadequate	Inadequate
O'Connor et al. [31]	Inadequate	Adequate	Not reported <sup>a</sup>	Inadequate	Inadequate	Inadequate

<sup>&</sup>lt;sup>a</sup>This was a retrospective study. Diagnosis was carried out by GP

Dep, depression; DM, diabetes mellitus; n/a, not applicable; SES, socioeconomic status