

ESM Figure 3: Measures of glucose metabolism by quartiles of the lipophilic index for men of the subcohort of the EPIC-Potsdam study 1 (a) Plasma random glucose (p trend=0.05), 1 (b) HbA<sub>1c</sub> (p trend=0.08). Values are adjusted geometric means. Adjustments have been made for age, sports activity, biking, smoking status, education, alcohol consumption, total energy intake, coffee intake, sugar-sweetened beverage intake, dietary PUFA/SFA ratio, intake of protein and carbohydrates (energy-adjusted), BMI and waist circumference.