

## Electronic supplementary material

### Tables

**ESM Table 1.** Information on the 53 SNPs included in the GRS<sub>53</sub>

Chromosome	Position	SNP	Locus name	Risk/Other allele	Risk allele frequency
Chr 8	19830769	rs1011685	<i>LPL</i>	C/T	0.90
Chr 2	165513091	rs10195252	<i>COBLL1 / GRB14</i>	T/C	0.57
Chr 5	118729286	rs1045241	<i>TNFAIP8</i>	C/T	0.71
Chr 10	64868989	rs10995441	<i>NRBF2</i>	G/T	0.21
Chr 3	52896605	rs11130329	<i>TMEM110- MUSTN1</i>	A/C	0.86
Chr 11	63862362	rs11231693	<i>MACROD1</i>	A/G	0.07
Chr 1	110499925	rs11577194	<i>CSF1</i>	T/C	0.47
Chr 6	35004569	rs12525532	<i>ANKS1A</i>	T/C	0.40
Chr 22	38563471	rs132985	<i>PLA2G6</i>	C/T	0.54
Chr 7	15883477	rs17169104	<i>MEOX2</i>	G/C	0.30
Chr 1	50815533	rs17386142	<i>DMRTA2</i>	C/T	0.92
Chr 12	14571421	rs17402950	<i>ATF7IP</i>	G/A	0.06
Chr 8	9185146	rs2126259	<i>PPP1R3B</i>	T/C	0.10
Chr 2	65287646	rs2249105	<i>CEP68</i>	A/G	0.66
Chr 5	158021791	rs2434612	<i>EBF1</i>	G/A	0.21
Chr 4	3479886	rs2699429	<i>DOK7</i>	C/T	0.41
Chr 6	127452685	rs2745353	<i>RSPO3</i>	T/C	0.54
Chr 2	227098930	rs2943645	<i>IRS1</i>	T/C	0.63
Chr 3	47375705	rs295449	<i>KLHL18</i>	A/G	0.60
Chr 3	12116370	rs308971	<i>SYN2 / PPARG</i>	G/A	0.13
Chr 4	89741019	rs3822072	<i>FAM13A</i>	A/G	0.43
Chr 6	139828666	rs3861397	<i>LINC01625</i>	G/A	0.37
Chr 3	15185384	rs3864041	<i>COL6A4P1</i>	T/C	0.59
Chr 5	55806501	rs459193	<i>ANKRD55</i>	G/A	0.75
Chr 8	72469492	rs4738141	<i>EYA1</i>	G/A	0.24
Chr 19	8615339	rs4804311	<i>MYO1F</i>	A/G	0.94

Chr 19	7970385	rs4804833	<i>MAP2K7</i>	A/G	0.40
Chr 1	219721854	rs4846565	<i>RNU5F-1 / LYPLAL1</i>	G/A	0.66
Chr 5	53272414	rs4865796	<i>ARL15 / FST</i>	A/G	0.70
Chr 2	219349502	rs492400	<i>USP37</i>	T/C	0.57
Chr 5	67713996	rs4976033	<i>PIK3R1</i>	G/A	0.42
Chr 9	78033919	rs498313	<i>MIR548H3</i>	A/G	0.69
Chr 20	45602388	rs6066149	<i>EYA2</i>	G/A	0.74
Chr 3	135926372	rs645040	<i>MSL2</i>	T/G	0.79
Chr 4	157734425	rs6822892	<i>PDGFC</i>	A/G	0.67
Chr 1	39895210	rs683135	<i>MACF1</i>	A/G	0.31
Chr 5	112711236	rs6887914	<i>MCC</i>	C/T	0.79
Chr 6	43815114	rs6937438	<i>LINC02537</i>	A/G	0.74
Chr 8	126528705	rs7005992	<i>TRIB1</i>	C/G	0.16
Chr 15	39463917	rs7176058	<i>C15orf54</i>	A/G	0.84
Chr 12	26453033	rs718314	<i>ITPR2</i>	G/A	0.26
Chr 18	47174429	rs7227237	<i>LIPG</i>	C/T	0.78
Chr 19	33898815	rs731839	<i>PEPD</i>	G/A	0.34
Chr 13	111627945	rs7323406	<i>ANKRD10</i>	A/G	0.30
Chr 17	4656784	rs754814	<i>ZMYND15</i>	T/C	0.69
Chr 12	124448973	rs7973683	<i>CCDC92 / DNAH10</i>	C/A	0.67
Chr 15	73080817	rs8032586	<i>ADPGK-AS1</i>	C/T	0.92
Chr 19	7292869	rs8101064	<i>INSR</i>	T/C	0.03
Chr 1	172312519	rs9425291	<i>DNM3</i>	A/G	0.44
Chr 6	130398481	rs9492443	<i>L3MBTL3</i>	C/T	0.75
Chr 5	173350155	rs966544	<i>CPEB4</i>	G/A	0.32
Chr 7	130466604	rs972283	<i>KLF14</i>	G/A	0.51
Chr 3	123082166	rs9881942	<i>ADCY5</i>	A/G	0.46

SNP rs numbers are provided as reported by Lotta et al [1] along with locus name. SNP positions are based on build GRCh37/hg19. In addition, the risk allele frequencies, as calculated from the TCOCT and control population of children used in the present study, are provided ( $n = 1618$ ).

**ESM Table 2.** Association between GRS<sub>53</sub> and insulin resistance and other metabolic traits in Inter99 (non-diabetic individuals).

	uGRS <sub>53</sub>			wGRS <sub>53</sub>		
	<i>n</i>	$\beta \pm SE$	<i>p</i> value	<i>n</i>	$\beta \pm SE$	<i>p</i> value
<b>Biochemical measures</b>						
HOMA-IR	5061	0.014 ± 0.003	1.45 x 10 <sup>-7a***</sup>	5061	0.011 ± 0.003	2.65 x 10 <sup>-6a***</sup>
Fasting serum insulin	5063	0.014 ± 0.003	2.25 x 10 <sup>-7a***</sup>	5063	0.012 ± 0.003	2.62 x 10 <sup>-6a***</sup>
Fasting plasma glucose	5249	0.006 ± 0.003	0.04 <sup>a*</sup>	5249	0.004 ± 0.003	0.08 <sup>a</sup>
HbA <sub>1c</sub>	5247	0.006 ± 0.003	0.06 <sup>a</sup>	5247	0.003 ± 0.003	0.32 <sup>a</sup>
Fasting plasma HDL-cholesterol	5247	-0.018 ± 0.003	4.86 x 10 <sup>-10b***</sup>	5247	-0.014 ± 0.003	3.81 x 10 <sup>-7b***</sup>
Fasting plasma total cholesterol	5244	0.007 ± 0.003	1.60 x 10 <sup>-2a*</sup>	5244	0.008 ± 0.003	5.88 x 10 <sup>-3a**</sup>
Fasting plasma triacylglycerol	5251	0.022 ± 0.003	1.14 x 10 <sup>-12b***</sup>	5251	0.018 ± 0.003	6.04 x 10 <sup>-7b***</sup>
<b>Anthropometrics</b>						
BMI	5253	-0.002 ± 0.003	0.54 <sup>b</sup>	5253	-0.002 ± 0.003	0.48 <sup>b</sup>
Waist-hip ratio	5250	0.010 ± 0.002	8.25 x 10 <sup>-7a***</sup>	5250	0.009 ± 0.002	1.20 x 10 <sup>-6a***</sup>
<b>Blood pressure</b>						
Systolic BP	5252	0.004 ± 0.003	0.19 <sup>a</sup>	5252	0.003 ± 0.003	0.32 <sup>a</sup>
Diastolic BP	5251	0.006 ± 0.003	2.50 x 10 <sup>-2a*</sup>	5251	0.007 ± 0.003	7.80 x 10 <sup>-3a**</sup>

Results are shown for the unweighted (uGRS) and weighted GRS (wGRS). Effect sizes, standard errors and *p* values were calculated using inverse normal transformation (SD/per allele).

<sup>a</sup>Analyses were adjusted for age, sex and BMI.

<sup>b</sup>Analyses were adjusted for age and sex.

\**p* < 0.05, \*\**p* < 0.01 and \*\*\**p* < 0.001.

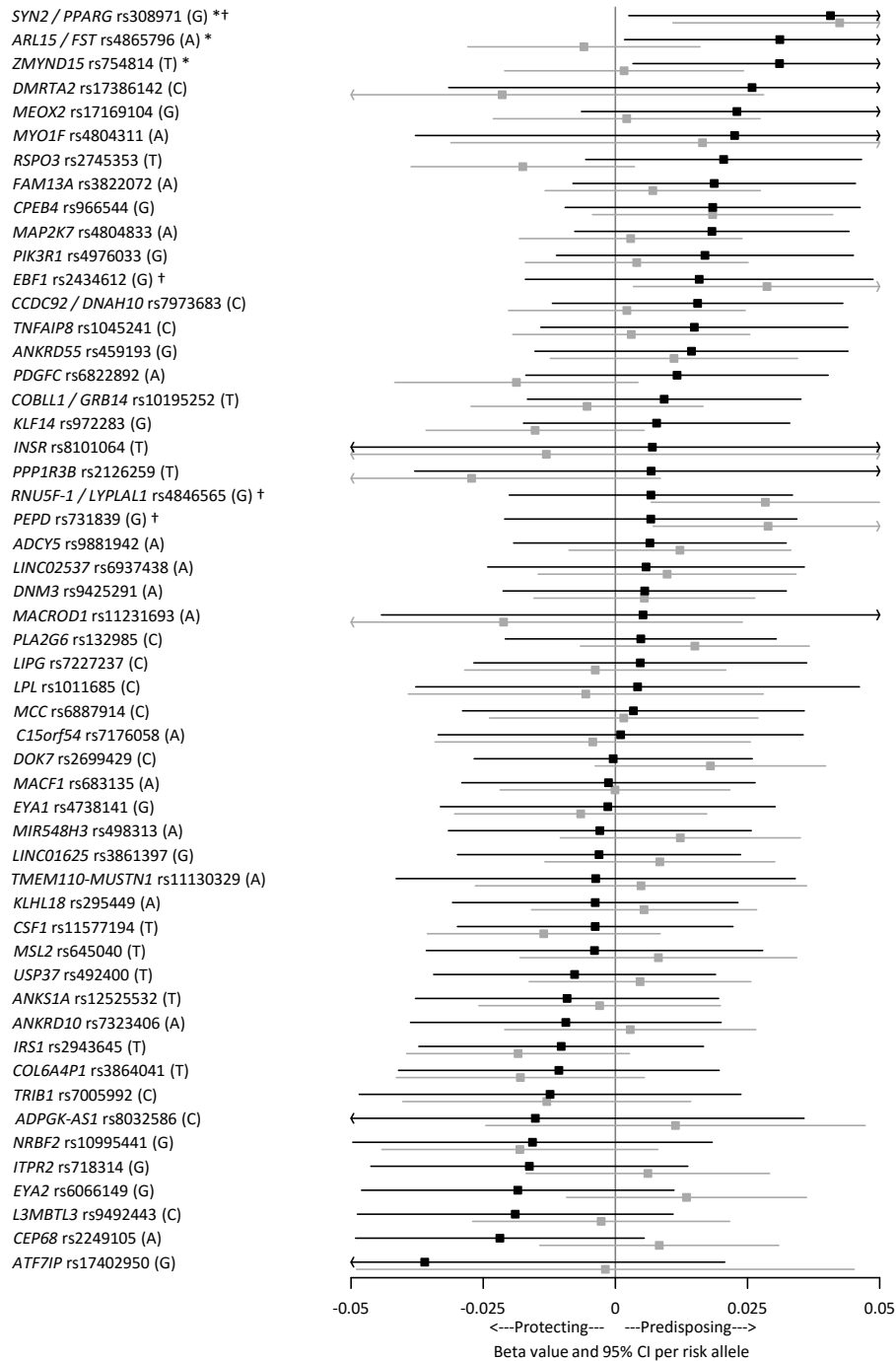
**ESM Table 3.** Directionality of SNP-specific effects on selected traits.

Trait	Inter99		TDCOB			
			TCOCT sample		Population-based control sample	
	Ratio of same-directional effects	<i>p</i> value	Ratio of same-directional effects	<i>p</i> value	Ratio of same-directional effects	<i>p</i> value
HOMA-IR	42/53	2.25 x 10 <sup>-5***</sup>	31/53	0.27	31/53	0.27
Fasting serum insulin	41/53	8.17 x 10 <sup>-5***</sup>	31/53	0.27	31/53	0.27
Fasting plasma HDL-cholesterol	42/53	2.25 x 10 <sup>-5***</sup>	38/53	2.19 x 10 <sup>-3**</sup>	33/53	0.10
Fasting plasma triacylglycerol	45/53	2.37 x 10 <sup>-7***</sup>	26/53	1.00	25/53	0.78

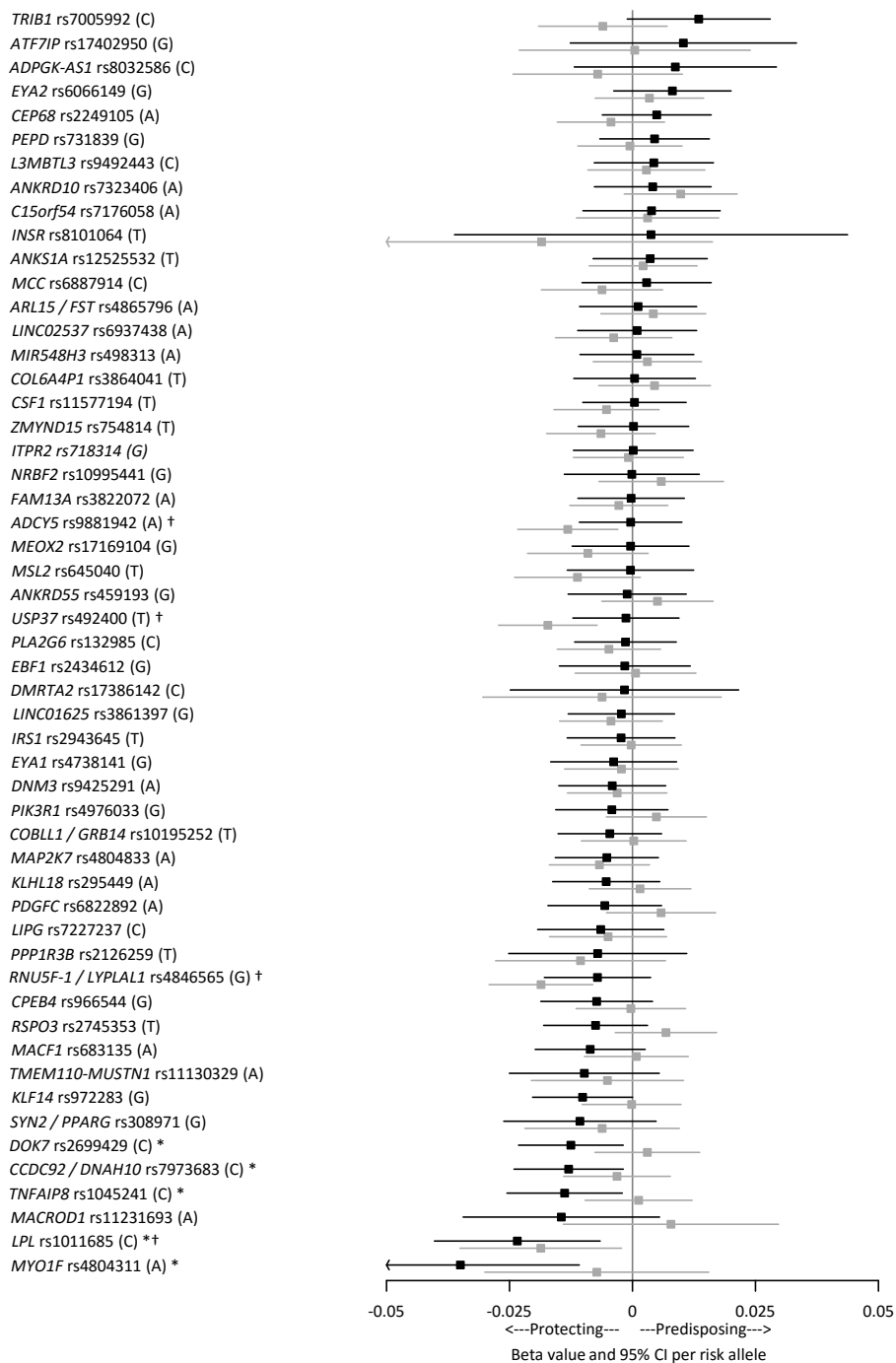
Direction of effects was classified based on the direction of effect reported in Lotta et al [1].

\**p* < 0.05, \*\**p* < 0.01 and \*\*\**p* < 0.001.

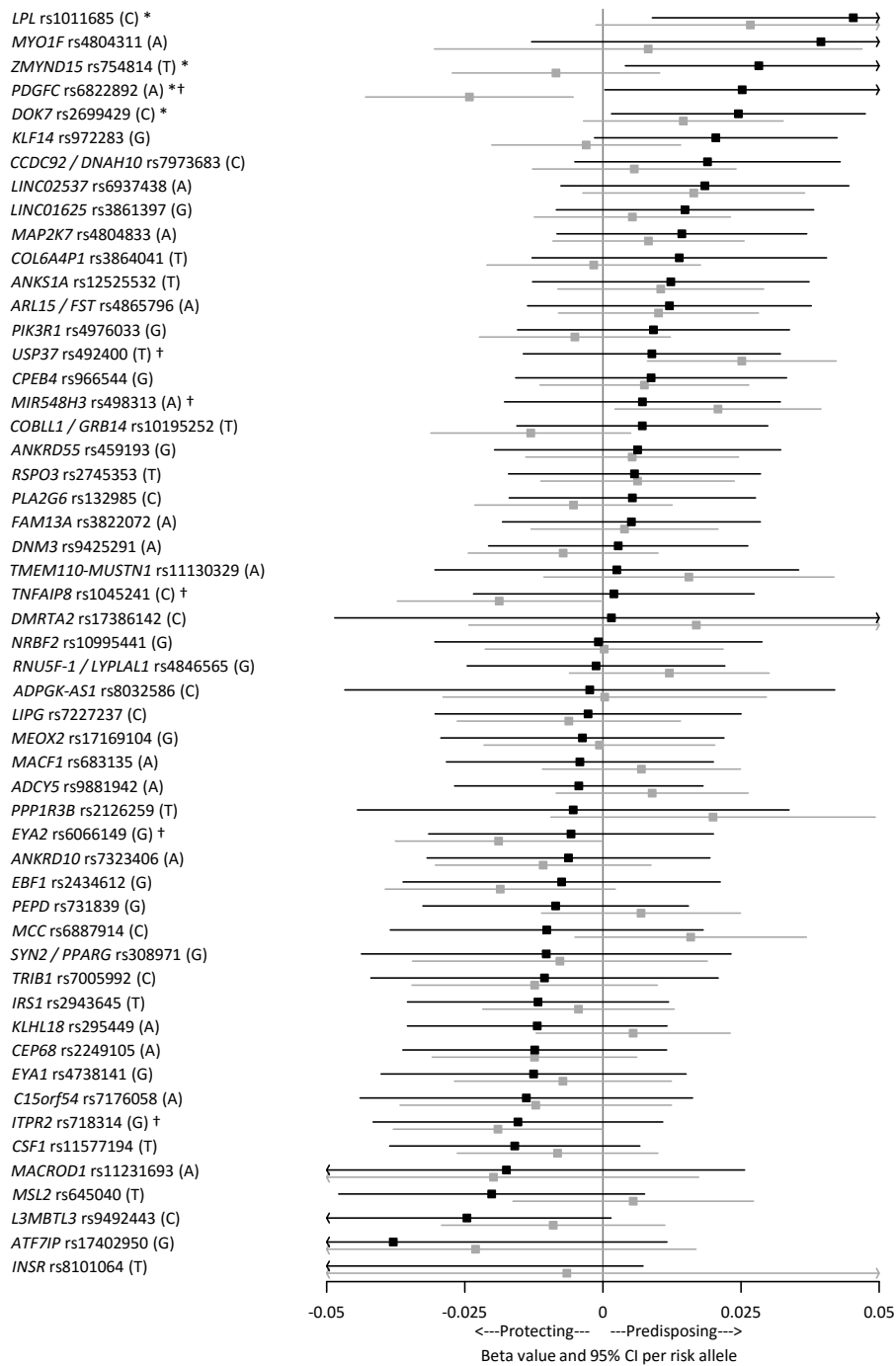
## Figures



**ESM Fig. 1.** SNP-specific associations with fasting serum insulin concentrations in children from the TCOCT sample (black lines) and population-based control sample (grey lines). For each SNP, name of nearest gene, rs number, and risk allele as reported [1] are provided. \* $p < 0.05$  for the association between the given SNP and fasting serum insulin in the TCOCT sample. † $p < 0.05$  for the association between the given SNP and fasting serum insulin in the population-based sample.



**ESM Fig. 2.** SNP-specific associations with plasma HDL-cholesterol concentrations in children from the TCOCT sample (black lines) and population-based control sample (grey lines). For each SNP, name of nearest gene, rs number, and risk allele as reported [1] are provided. \* $p < 0.05$  for the association between the given SNP and plasma HDL-cholesterol in the TCOCT sample. † $p < 0.05$  for the association between the given SNP and plasma HDL-cholesterol in the population-based sample.



**ESM Fig. 3.** SNP-specific associations with plasma triacylglycerol concentrations in children from the TCOCT sample (black lines) and population-based control sample (grey lines). For each SNP, name of nearest gene, rs number, and risk allele as reported [1] are provided. \* $p < 0.05$  for the association between the given SNP and plasma triacylglycerol in the TCOCT sample. † $p < 0.05$  for the association between the given SNP and plasma triacylglycerol in the population-based sample.

## References

1. Lotta LA, Gulati P, Day FR, et al (2017) Integrative genomic analysis implicates limited peripheral adipose storage capacity in the pathogenesis of human insulin resistance. *Nat Genet* 49:17–26.