

ESM Table 1. Demographic data and Neuropathy Assessment in those who were followed up for 36 months vs those who were lost to follow up.

	Lost to FU at 36 months (n=21)	FU (n=15)	P
Age (Years)	44.2±9.9	44.2±8.5	0.8
Duration of Diabetes (years)	27.8±11.2	28.3±9.6	0.9
Blood Pressure systolic/diastolic (mmHg)	130.9±22.4 / 71.9±12.5	118.9±13.5 / 70.1±7.3	0.07/0.4
BMI (kg/m²)	24.2±3.5	24.2±3.4	0.9
HbA1c (mmol/mol)	63.5±9.2	64.4±8.3	0.2
Cholesterol (mmol/l)	4.3±0.9	3.8±0.5	0.2
HDL-C (mmol/l)	1.4±0.3	1.2±0.2	0.2
LDL-C (mmol/l)	2.1±0.7	1.9±0.7	0.3
Triglycerides (mmol/l)	1.2±0.4	1.2±0.4	0.7
NDS	5.9±3.3	4.6±3.7	0.2
NSP	6.7±6.7	4.7±2.7	0.1
VPT (volts)	26.1±12.5	19.9±13.3	0.09
Sural Amplitude (µV)	2.8±2.8	2.7±2.6	0.9
Sural Velocity (m/s)	34.2±8.4	36.2±7.6	0.6
Peroneal Amplitude (mV)	1.4±1.2	1.2±1.5	0.6
Peroneal Velocity (m/s)	32.4±8.6	31.2±9.6	0.8
Cold Threshold (°C)	13.4±11.4	21.2±8.0	0.1
Warm Threshold (°C)	44.7±4.1	42.7±6.2	0.4
DB-HRV (beats/min)	12.2±7.1	14.4±6.4	0.2
CNFD (no./mm²)	9.9±6.3	8.4±5.4	0.6

CNBD (no./mm²)	10.1±8.8	9.0±8.8	0.8
CNFL (mm/mm²)	7.3±2.9	7.3±3.2	1.0
IENFD (no./mm)	1.8±2.7	2.7±1.2	0.06
