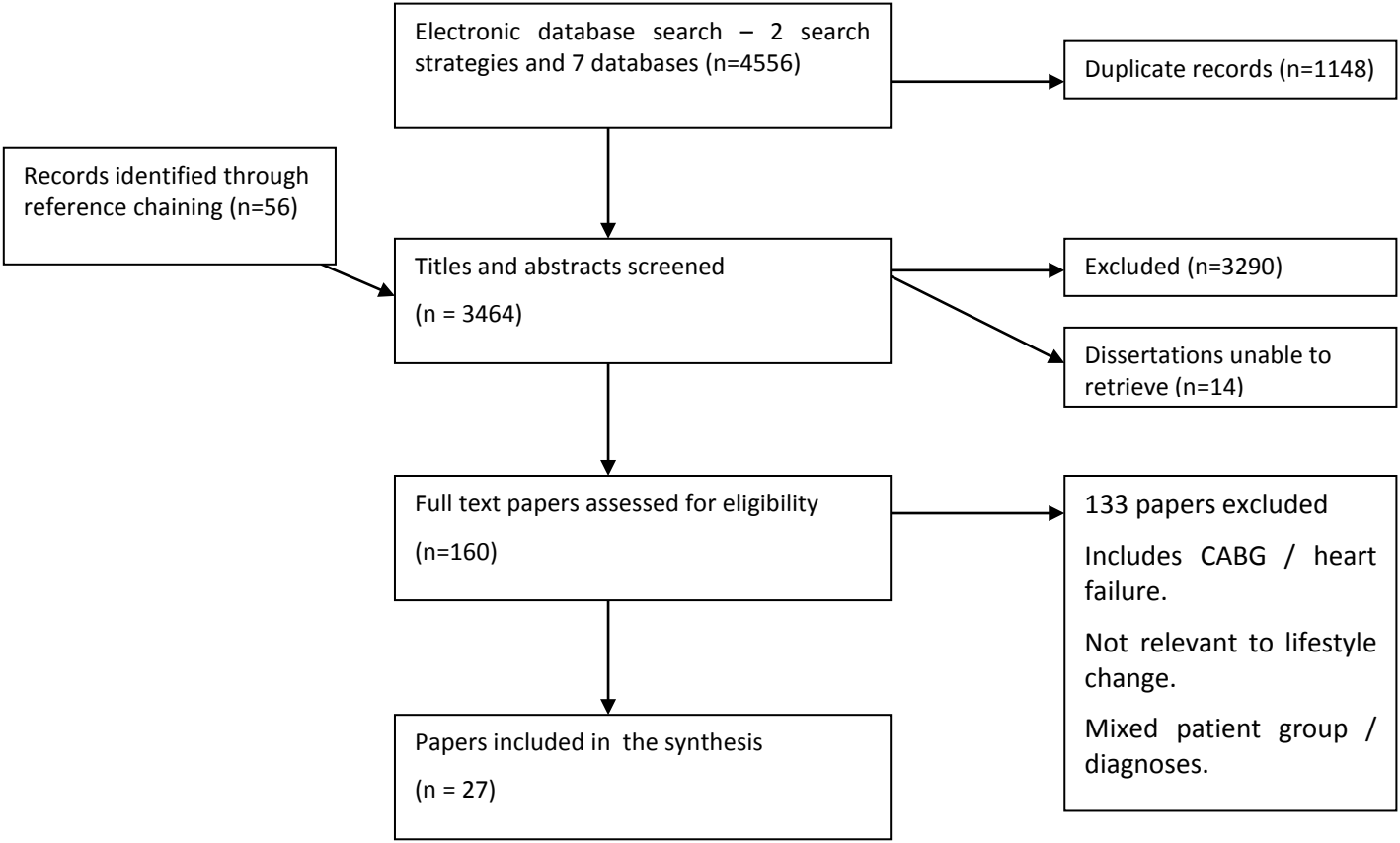
Electronic database search – 2 search strategies and 7 databases (n=4556)
Duplicate records (n=1148)
Records identified through reference chaining (n=56)
Titles and abstracts screened
(n = 3464)
Excluded (n=3290)
Dissertations unable to retrieve (n=14)
Full text papers assessed for eligibility
(n=160)
133 papers excluded
Includes CABG / heart failure.
Not relevant to lifestyle change.
Mixed patient group / diagnoses.
Papers included in the synthesis
(n = 27)