



Enrollment

Attended a study clinic during study period (n=270)

- Not invited to participate (n=32)
 - ◆ Poor English (n=5)
 - ◆ Last minute appointment (n=8)
 - ◆ Appointment made before clinic designated a study clinic (n=7)
 - ◆ Exercise test only (n=2)
 - ◆ Unknown (n=10)

Invite sent (n=238)

- Excluded (n=118)
 - ◆ Declined to participate (n=76)
 - ◆ Not eligible (n=11)
 - ◆ Randomisation line unavailable (n=3)
 - ◆ Unable/unwilling to answer baseline questionnaire (n=1)
 - ◆ Unknown (n=27)

Randomised (n=120)

Allocation

Allocated to Discussion arm (n=60)
◆ Received discussion and pamphlet (n=60)

Allocated to Pamphlet arm (n=60)
◆ Received pamphlet alone (n=60)

Follow-Up and analysis

Returned baseline data (n=60)
Returned post-clinic data (n=60)
Returned month 1 data (n=47)
Returned month 6 data (n=46)
Figures based on primary endpoint return rate (reassurance questionnaire)

Returned baseline data (n=60)
Returned post-clinic data (n=59)
Returned month 1 data (n=49)
Returned month 6 data (n=50)
Figures based on primary endpoint return rate (reassurance questionnaire)