

Questionnaire for the assessment of blood pressure control in adult hypertensive patients in eastern Sudan

Serial number-----

Age-

Gender male female

Residence rural urban

Marital status married -unmarried-

Education: Nil/traditional secondary university and above

Health insurance Yes No

Duration of HT Number of drugs Number of antihypertensive

Other diseases: No Yes

If Yes DM Thyroid Ischemic attach Heart failure Renal dis

No Yes

Smoking

Alcoholic

Add salt

Drink coffee

Weight---height-

Drug adherence --Please see annex

Blood pressure, systolic- diastoli----

Traditional medicine No -Yes Using antilipids No Yes

Home measurement No Yes

Antihypertensive:

Calcium channel blockers (amlodipine)

Angiotensin II receptor blockers (lisinopril)

Angiotensin-converting enzyme inhibitors (losartan)

Beta-blockers (atenolol)

Diuretics (hydrochlorothiazide)

Lipids cholesterols -----triglycerides---- HDL LDL