

Supplementary file 1. Self-assessment of pubertal status

Self-assessment of pubertal status (Girls)

ID: _____

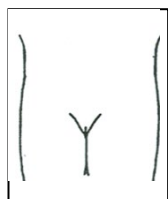
Date: _____

Age: _____

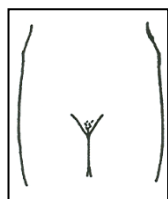
School: _____

Class: _____

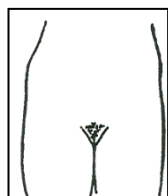
Pubic hair



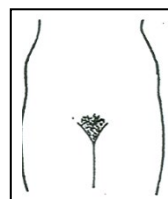
There is no pubic hair ☐



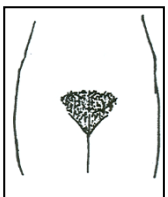
There is almost no, or very little, hair ☐



The pubic hair has become darker and more dense ☐

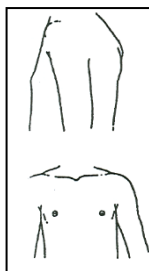


The pubic hair is almost like that of an adult woman ☐

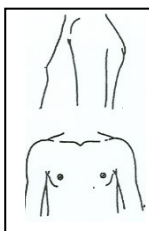


The pubic hair is like that of a young adult woman ☐

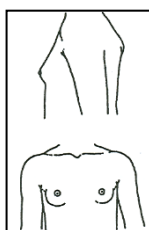
Breast development



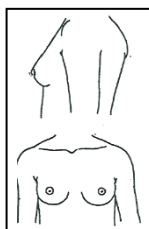
The nipple has not started growing ☐



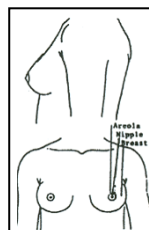
The nipple has just started growing ☐



The breast itself has started growing and ☐



The breast is almost like that of a young adult woman ☐



The breast has developed like that of a young adult woman ☐

Menstruation debut: yes ☐

No ☐

Self-assessment of pubertal status (Boys)

ID: _____

Date: _____

Age: _____

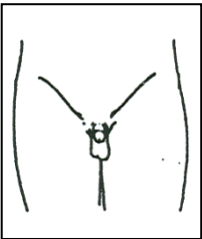
School: _____

Class: _____

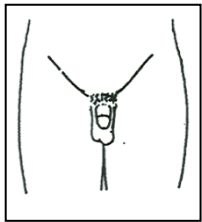
Pubic hair



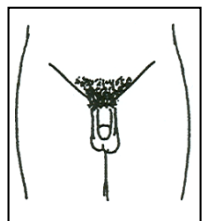
There is no pubic hair

☐

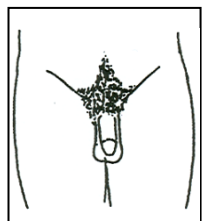
There is almost no, or very little, pubic hair

☐

The pubic hair has become darker and more dense

☐

The pubic hair is almost like that of a young adult man

☐

The pubic hair is like that of a young adult man

☐

(Note: In the original version, the drawings were accompanied by an explanatory text in Danish. Children were asked, separately and in privacy, to point out the drawing that they considered resembled their own pubertal stage the most).