Waste pickers

Please complete the survey below.

Thank you!

Study ID		
Consent obtained	○ Yes ○ No	
Reason consent not obtained	 Refused Not enough time Language barrier 	
Date of interview		
Name of interviewer		
Name of landfill site	GoudkoppiesMarie Louise	
Respondents' suburb		
Demographic and Household Info.		
Age		
Gender	○ Male○ Female	
Main language spoken	 English Afrikaans Zulu Xhosa Ndebele Sepedi Sesotho Setswana Tsonga Swati Venda Other 	

Specify Other language



What is the level of education obtained	 No schooling Primary school Secondary school Tertiary level
Country of birth	 South African Other
If other, please name country	
If other, years lived in S.A	
Province of birth	 Gauteng Free State North West Eastern Cape Northern Cape Western Cape Mpumalanga Limpopo KwaZulu-Natal
How long have you lived in JHB?	
Where did you live before moving to JHB	
Why did you move to JHB?	
Do you live on or adjacent to a landfill?	○ Yes ○ No
Do you live in a:	 Formal house Informal dwelling Back yard dwelling/room - formal Back yard dwelling/room - informal Other (e.g. veld, bushes, street)
What do you mainly use for cooking at home?	 Electricity Paraffin Gas Wood Coal Other
What do you mainly use for heating at home?	 Electricity Paraffin Gas Wood Coal Other



Where do you mainly get your water from at home?	 River/stream Household tap Communal tap Borehole Other
Do you have access to toilet facilities where you live?	○ Yes ○ No
If yes, what type of toilet?	 Private flush toilet Communal flush toilet Pit latrine Chemical toilet Other
Do you have access to a place to wash yourself/hands at home?	○ Yes ○ No
How many people are there in your household?	
How many adults (15 yrs and older)	
how many children (14 yrs and younger)	
Are you the sole bread winner for your household?	○ Yes ○ No
How many people do you support financially?	
What is your average monthly income?	
Do you receive any grants?	○ Yes○ No
If yes, please indicate	 Pension Disability Child support
How much do you spend on Food every month?	
How much do you spend on Transport (include taxi fare, petrol, car instalment) monthly	
How much do you spend on Transport of waste where you sell it monthly?	
How much do you spend on housing (rent, bond, etc) monthly	



How much do you spend on Water monthly		-
How much do you spend on Electricity monthly		-
How much do you spend on Paraffin monthly		-
How much do you spend on Coal monthly		-
How much do you spend on Wood monthly		-
How much do you spend on Gas		
How much do you spend on other type of fuel monthly		
Specify other type of fuel		
How much do you spend on Alcohol monthly		
How much do you spend on Cigarettes monthly		
How much do you spend on phone monthly		
How much do you spend on medical expenses monthly		
How much do you spend on Schooling or University monthly		
How much do you spend on debt repayment monthly		
How much do you spend on entertainment monthly (movies etc.)		-
Specify type of entertainment		
Do you have medical aid?	○ Yes ○ No	



apply)	 Grow your own food Buy food From charities From other waste pickers you work with From landfill site Other
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If other, please explain

Food security (Community Child Hunger Identification Project Index - CCHIP)		
Has your household ever run out of money to buy food in the past 30 days?	○ Yes ○ No	
Has your household ever run out of money to buy food 5 or more days in the past 30 days?	○ Yes ○ No	
Ever rely on limited number of foods to feed children because you are running out of money for food in the past 30 days?	○ Yes ○ No	
Ever rely on limited foods because you ran out of money for food 5 or more days in past 30 days?	○ Yes ○ No	
Ever cut meal size or skip meals because there is not enough money for food in past 30 days?	○ Yes ○ No	
Ever cut meal size or skip meals because there is not enough money for food in 5 or more days in past 30 days?	○ Yes ○ No	
Ever eat less because there is not enough food in the past 30 days?	○ Yes ○ No	
Ever eat less because there is not enough food in 5 or more days in the past 30 days?	○ Yes ○ No	
Do your children ever eat less because there is not enough money in the past 30 days?	○ Yes ○ No	
Do your children ever eat less because there is not enough in 5 or more days in the past 30 days?	○ Yes ○ No	
Do your children ever say they are hungry because there is not enough food in the house in the past 30 days ?	○ Yes ○ No	
Do your children ever say they are hungry because not enough food in the house 5 or more days in the past 30 days ?	○ Yes ○ No	
Ever cut meal size of children or skip meals because not enough money to buy food in past 30 days?	○ Yes ○ No	



Ever cut meal size of children or skip meals because not enough money to buy food 5 or more days in past 30 days?	○ Yes ○ No
Do any of children ever go to bed hungry because not enough money for food in the past 30 days?	○ Yes ○ No
Do your children go to bed hungry because not enough money for food in 5 or more days in past 30 days?	○ Yes ○ No
Occupational history	
Apart from collecting recyclable material and getting grants, do you get money from any other sources?	○ Yes ○ No
If yes, what are these other sources of income? Please list them	
How much do you make in total from your other sources of income?	
Before working as a waste picker, what was your previous type of employment(s)	
What was the reason for leaving your last job?	
For how many years have you worked as a waste picker?	
How many days per week do you work on the landfill?	
How many hours per day are you on the landfill?	
On average, how many hours do you work per day?	
Waste Picking	
Why did you choose waste picking?	
What do you like about waste picking?	
What don't you like about waste picking?	



Do you collect any of the following waste? (choose all that apply)	 Paper or cardboard Plastic Metals or cans Electronic waste glass cloth other
If other, please specify	
If you collect more than one type of material, which material do you collect the most of?	 Paper or cardboard Plastic Metals or cans Electronic waste glass cloth other
If other, please specify	
Do you only collect one type of waste per day?	○ Yes ○ No
How much money do you earn from waste picking on a good day?	
How much money do you earn from waste picking on a bad day?	
What amount of waste do you remove on average per day, using a refuse black bag as reference?	
How much does it weigh on average per day?	
How do you transport your materials to the next location?	
How often do you take the material to sell? (choose one)	 Daily Twice weekly Weekly 2 weeks Monthly Other
If other, explain	
Where do you take your waste to sell?	 Directly to the recycling centre To dealers who will sell to recycling centre Other

If other, elaborate



If you don't sell your waste everyday, where do you store the waste you have collected?	 At home On this landfill On another landfill Other
If other, please elaborate	
Do you have access to toilet facilities at the landfill?	○ Yes ○ No
If no, what do you do?	
Do you think washing hands is important?	○ Yes ○ No
Do you have access to water on the landfill?	○ Yes ○ No
Do you eat on the landfill while working?	○ Yes ○ No
Do you wash your hands before eating while working on the landfill site?	○ Yes ○ No
Do you wash your hands at the end of the day, after work?	○ Yes ○ No
What do you use to wash your hands? (choose all that apply)	 □ Water □ Water and soap □ Other
If other, what?	
What do you use to protect yourself with while working?	 None Masks Gloves Boots or closed shoes Other
If other, please name	
If yes, where did you get it from?	
Do you wear them while working?	 Always Sometimes Never
If never, why not?	



Occupational Exposures	
Do you lift heavy objects while working on the landfill?	○ Yes ○ No
Have you ever been cut by the materials you handle on the landfill site?	○ Yes ○ No
Have you ever handled needles on the landfill site?	○ Yes ○ No
Have you ever been injured by a needle on the landfill site?	○ Yes ○ No
Have you ever handled blood on the landfill site?	○ Yes ○ No
Are there dogs on the landfill site?	○ Yes ○ No
Have you ever been attacked by a dog on the landfill site?	○ Yes ○ No
Have you seen rats/mice on the landfill site?	○ Yes ○ No
Have you ever been bitten by rodents on the landfill site?	○ Yes ○ No
How problematic are mosquitoes on the landfill site?	 No problem Moderate problem Major problem
How problematic is airborne dust on the landfill site?	 No problem Moderate problem Major problem
How problematic are strong gas smells on the landfill site?	 No problem Moderate problem Major problem
Are there pools of dirty water on the surface of the landfill site?	○ Yes ○ No
Have you ever had waste fall on top of you?	○ Yes ○ No
Have you ever been hurt by waste falling on you?	○ Yes ○ No
Have you ever hurt yourself by falling on the landfill site?	○ Yes ○ No
have you ever seen a fire on the landfill site?	○ Yes ○ No



have you ever seen an explosion on the landfill site?	○ Yes ○ No
have you ever been injured by any type of vehicle on the landfill site?	○ Yes ○ No
Have you ever handled paint on the landfill site?	○ Yes ○ No
Have you ever handled chemicals, such as detergents or anything that smells very strong?	○ Yes ○ No
Have you ever been injured during violence involving another waste picker?	○ Yes ○ No
Have you ever been injured during violence involving security guards?	○ Yes ○ No
What 3 or more things that worry you the most about working on the landfill?	
Do you think that the landfill site is a safe place to work?	 ○ Yes ○ No ○ Not sure
Do you experience any problems accessing the landfill site?	○ Yes ○ No
If your answer is Yes, please explain	
How do security guards at the landfill treat you?	
Do you belong to any waste picker forum?	○ Yes ○ No
If Yes, in what ways does belonging to the forum help you?	
Health	
Health	
Do you smoke currently?	○ Yes ○ No
If No, have you ever smoked?	○ Yes ○ No



lf Yes, what do you smoke?	 Cigarettes Snuff Chewing tobacco Dagga/weed Hookah Other
If you smoke other, Please explain	
How much do you smoke/chew or snuff per day?	
For how many years have you smoked?	
How often do you have a drink containing alcohol?	 Never Monthly/less 2 to 4 times a month 2 to 3 times a week 4 or more times a week
How many drinks containing alcohol do you have on a typical day when you are drinking?	 1 or 2 3 or 4 5 or 6 7 or 8 or 9 10 or more
How often do you have six or more drinks on one occasion?	 Never less than monthly Monthly Weekly Daily or almost daily
How often during the last year have you found that you were unable to stop drinking once started?	 Never less than monthly Monthly Weekly Daily or almost daily
How often during last year have you failed to do what was expected from you due to drinking?	 Never less than monthly Monthly Weekly Daily or almost daily
How often during the last year have you needed a first drink in morning after a heavy drinking session?	 Never less than monthly Monthly Weekly Daily or almost daily
How often during the last year have you had a feeling of guilt or remorse after drinking?	 Never less than monthly Monthly Weekly Daily or almost daily



How often during the last year have you been unable to remember night before due to drinking?	 Never less than monthly Monthly Weekly Daily or almost daily
have you or someone else been injured as a result of your drinking in the last year?	 No Yes True but not in the last year
Has a relative or a friend or a doctor or another health worker been concerned about your drinking?	 ○ No ○ Yes ○ True but not in the last year
In general, would you say your health is	 Excellent Very good Good Fair Poor
lf fair or poor, please explain	
In the past 2 weeks, have you experienced Cough?	○ Yes ○ No
If you experienced cough, where did you seek treatment	 Clinic Doctor Traditional healer Self medicated Other No treatment sought
If treatment for cough was sought at other, please explain	
In the past 2 weeks, have you experienced Itchy rash?	○ Yes ○ No
If you experienced Itchy rash in the past 2 weeks, where did you seek treatment?	 Clinic Doctor Traditional healer Self-medicated Other No treatment sought
If treatment for itchy rash was sought at other, please name	
In the past 2 weeks, have you experienced runny/blocked nose?	○ Yes ○ No



If you experienced runny/blocked nose in the past 2 weeks, where did you seek treatment?	 Clinic Doctor Traditional healer Self medicated Other No treatment sought
If treatment for runny/blocked nose was sought at other, please name	
In the past 2 weeks, have you experienced teary/watery eyes?	○ Yes ○ No
If you experienced teary/watery eyes in the past 2 weeks, where did you seek treatment?	 Clinic Doctor Traditional healer Self medicated Other No treatment sought
If treatment for teary/watery eyes was sought at other, please name	
In the past 2 weeks, have you experienced sneezing?	○ Yes ○ No
If you experienced sneezing in the past 2 weeks, where did you seek treatment?	 Clinic Doctor Traditional healer Self-medicated Other No treatment sought
If treatment for sneezing was sought at other, please name	
In the past 2 weeks, have you experienced breathlessness?	○ Yes ○ No
If you experienced breathlessness in the past 2 weeks, where did you seek treatment?	 Clinic Doctor Traditional healer Self-medicated Other No treatment sought
If treatment for breathlessness was sought at other, please name	
In the past 2 weeks, have you experienced rapid breathing?	○ Yes ○ No
If you experienced rapid breathing in the past 2 weeks, where did you seek treatment?	 Clinic Doctor Traditional healer Self medicated Other No treatment sought



If treatment for rapid breathing was sought at other, please name	
In the past 2 weeks, have you experienced rapid heart rate?	○ Yes ○ No
If you experienced rapid heart rate in the past 2 weeks, where did you seek treatment?	 Clinic Doctor Traditional healer Self medicated Other No treatment sought
If treatment for rapid heart rate was sought at other, please name	
In the past 2 weeks, have you experienced nausea/vomiting?	○ Yes ○ No
If you experienced nausea/vomiting in the past 2 weeks, where did you seek treatment?	 Clinic Doctor Traditional healer Self medicated Other No treatment sought
If treatment for nausea/vomiting was sought at other, please name	
In the past 2 weeks, have you experienced diarrhoea?	○ Yes ○ No
If you experienced diarrhoea in the past 2 weeks, where did you seek treatment?	 Clinic Doctor Traditional healer Self medicated Other No treatment sought
If treatment for diarrhoea was sought at other, please name	
In the past 2 weeks, have you experienced headache?	○ Yes ○ No
If you experienced headache in the past 2 weeks, where did you seek treatment?	 Clinic Doctor Traditional healer Self-medicated Other No treatment sought
If treatment for headache was sought at other, please name	
In the past 2 weeks, have you experienced loss of coordination?	○ Yes ○ No



If you experienced loss of coordination in the past 2 weeks, where did you seek treatment?	 Clinic Doctor Traditional healer Self medicated Other No treatment sought
If treatment for loss of coordination was sought at other, please name	
In the past 2 weeks, have you experienced fever?	○ Yes ○ No
If you experienced fever in the past 2 weeks, where did you seek treatment?	 Clinic Doctor Traditional healer Self medicated Other No treatment sought
If treatment for fever was sought at other, please name	
In the past 2 weeks, have you experienced muscle aches?	○ Yes ○ No
If you experienced muscle aches in the past 2 weeks, where did you seek treatment?	 Clinic Doctor Traditional healer Self medicated Other No treatment sought
If treatment for muscle aches was sought at other, please name	
In the past 2 weeks, have you experienced dizziness?	○ Yes ○ No
If you experienced dizziness in the past 2 weeks, where did you seek treatment?	 Clinic Doctor Traditional healer Self medicated Other No treatment sought
If treatment for dizziness was sought at other, please name	
In the past 2 weeks, have you experienced sunburn?	○ Yes ○ No
If you experienced sunburn in the past 2 weeks, where did you seek treatment?	 Clinic Doctor Traditional healer Self medicated Other No treatment sought



If treatment for sunburn was sought at other, please name	
Chronic Illness:	
Do you have now, or have you ever been diagnosed with Diabetes?	○ Yes ○ No
If you have diabetes, where did you seek treatment?	 Clinic Doctor Traditional healer Self-medicated Other No treatment sought
If treatment for diabetes was sought at other, please name	
Do you have now, or have you ever been diagnosed with hypertension?	○ Yes ○ No
If you have Hypertension, where did you seek treatment?	 Clinic Doctor Traditional healer Self-medicated Other No treatment sought
If treatment for Hypertension was sought at other, please name	
Do you have now, or have you ever been diagnosed with stroke?	○ Yes ○ No
If you have been diagnosed with stroke, where did you seek treatment?	 Clinic Doctor Traditional healer Self medicated Other No treatment sought
If treatment for stroke was sought at other, please name	
Do you have now, or have you ever been diagnosed with asthma?	○ Yes ○ No
If you have been diagnosed with Asthma, where did you seek treatment?	 Clinic Doctor Traditional healer Self medicated Other No treatment sought
If treatment for Asthma was sought at other, please name	



Do you have now, or have you ever been diagnosed with problems with vision?	○ Yes ○ No
If you have problems with Vision, where did you seek treatment?	 Clinic Doctor Traditional healer Self-medicated Other No treatment sought
If treatment for Vision was sought at other, please name	
Do you have now, or have you ever been diagnosed with problems with hearing?	○ Yes ○ No
If you have problems with Hearing, where did you seek treatment?	 Clinic Doctor Traditional healer Self medicated Other No treatment sought
If treatment for Hearing was sought at other, please name	
Do you have now, or have you ever been diagnosed with HIV?	○ Yes ○ No
If you have ever been diagnosed with HIV, where did you seek treatment?	 Clinic Doctor Traditional healer Self medicated Other No treatment sought
If treatment for HIV was sought at other, please name	
Do you have now, or have you ever been diagnosed with TB?	○ Yes ○ No
If you have ever been diagnosed with TB, where did you seek treatment?	 Clinic Doctor Traditional healer Self medicated Other No treatment sought
If treatment for TB was sought at other, please name	
Do you have now, or have you ever been diagnosed with mental illness?	○ Yes ○ No



If you have ever been diagnosed with mental illness, where did you seek treatment?	 Clinic Doctor Traditional healer Self medicated Other No treatment sought
If treatment for mental illness was sought at other, please name	
Do you have now, or have you ever been diagnosed with cancer?	○ Yes ○ No
If you have ever been diagnosed with cancer, where did you seek treatment?	 Clinic Doctor Traditional healer Self medicated Other No treatment sought
If treatment for cancer was sought at other, please name	
Do you have now, or have you ever been diagnosed with some type of disability?	○ Yes ○ No
If yes, where did you seek medical treatment?	 Clinic Doctor Traditional healer Self medicated Other
If treatment for disability was sought at other, please name	
In the past 12 months, have you had a persistent cough for more than three weeks?	○ Yes ○ No
If yes, how long did the coughing last?	
Have you ever had wheezing or whistling in the chest in the last 12 months?	○ Yes ○ No
If yes, how many attacks did you have in the last 12 months?	
Did you seek medical attention?	○ Yes ○ No
If yes, where did you go?	 Clinic Hospital Doctor Traditional healer Self-medicated Other



lf other, please elaborate further	
What was the diagnosis?	
Are there times when something at the landfill in the environment affects your chest?	○ Yes ○ No
If yes, how often have you experienced this?	 Everyday Several times a week About once a week Once or twice a month A few times in the past 6 months
If you know what it is please name it	
Have you had an itchy rash that was coming and going for at least 6 months?	○ Yes ○ No
Have you had this rash any time in the last 6 months?	○ Yes ○ No
Has this rash affected folds of elbow?	○ Yes ○ No
Has this rash affected behind knees?	○ Yes ○ No
Has this rash affected in front of ankles?	○ Yes ○ No
Has this rash affected under buttocks?	○ Yes ○ No
Has this rash affected around neck, ears or eyes?	○ Yes ○ No
Did you seek medical treatment for your skin rash?	○ Yes ○ No
Where did you go?	 Clinic Hospital Doctor Traditional healer Self-medicated Other

Explain other



Please state the diagnosis?	
Have you ever been diagnosed with eczema by a doctor or nurse?	○ Yes ○ No
Have you experienced diarrhoea, nausea or vomiting?	○ Yes ○ No
If yes, how often in the past 6 months have you experienced this?	 Everyday Several times a week About once a week Once or twice a month A few times in the past 6 months
Did you seek medical treatment?	○ Yes ○ No
Who provided the medical treatment?	 Clinic Doctor Traditional healer Self medicated Other
Have you ever been injured at work in the last 6 months(e.g. cuts, fracture, sprains and/or burns)?	○ Yes ○ No
Fractures?	○ Yes ○ No
If yes, how often?	 Everyday Several times a week About once a week Once or twice a month A few times in the past 6 months
Who provided treatment?	 Pikitup staff Clinic Doctor Traditional healer self-medicated No treatment Other
Sprains and muscle strains?	○ Yes ○ No
How often?	 Everyday Several times a week About once a week Once or twice a month A few times in the past 6 months



Who provided the treatment?	 Pikitup staff Clinic Doctor Traditional healer self-medicated No treatment Other
Injured by landfill truck?	○ Yes ○ No
If injured by landfill truck, how often?	 Everyday Several times a week About once a week Once or twice a month A few times in the past 6 months
And who provided treatment?	 Pikitup staff Clinic Doctor Traditional healer self-medicated No treatment Other
Burns?	○ Yes ○ No
how frequent?	 Everyday Several times a week About once a week Once or twice a month A few times in the past 6 months
Who administered treatment	 Pikitup staff Clinic Doctor Traditional healer self-medicated No treatment Other
Hit by falling objects	○ Yes ○ No
How often are you hit by falling objects?	 Everyday Several times a week About once a week Once or twice a month A few times in the past 6 months
and who administered treatment?	 Pikitup staff Clinic Doctor Traditional healer self-medicated No treatment Other



Slips, trips and falls?	○ Yes ○ No
how often do you experience slips, trips and falls?	 Everyday Several times a week About once a week Once or twice a month A few times in the past 6 months
Who gave treatment?	 Pikitup staff Clinic Doctor Traditional healer self-medicated No treatment Other
Cuts and lacerations?	○ Yes ○ No
How often do you experience cuts and lacerations?	 Everyday Several times a week About once a week Once or twice a month A few times in the past 6 months
And who gave treatment?	 Pikitup staff Clinic Doctor Traditional healer self-medicated No treatment Other
Inhaling toxic fumes?	○ Yes ○ No
how often do you inhale these fumes?	 Everyday Several times a week About once a week Once or twice a month A few times in the past 6 months
Who provided treatment when you needed one?	 Pikitup staff Clinic Doctor Traditional healer self-medicated No treatment Other
exposure to sudden loud noise?	○ Yes ○ No
How often are you exposed to sudden loud noise?	 Everyday Several times a week About once a week Once or twice a month A few times in the past 6 months



Who provides treatment?	 Pikitup staff Clinic Doctor Traditional healer self-medicated No treatment Other
Other types of injury?	○ Yes ○ No
Please name other types	
How often does this happen?	 Everyday Several times a week About once a week Once or twice a month A few times in the past 6 months
Who provided treatment when this happened?	 Pikitup staff Clinic Doctor Traditional healer self-medicated No treatment Other
If yes, please specify the type of injury	 Fractures Sprains and muscle strains Injured by landfill truck Burns Being hit by falling objects trips and falls Cuts and lacerations Inhaling toxic fumes Exposure to sudden loud noise Other
If yes to 91.1, 91.3 or 91.4, please describe how you sustained your injury or injuries?	
In the past 12 months, have you suffered from any body pains?	○ Yes ○ No
If yes, which of the following body pain?	 Back pain Joint pain Stiffness Other
If other body pains please specify:	
Did you seek medical treatment for your body pain?	○ Yes ○ No



Who offered the medical treatment?	 Clinic Doctor Traditional healer Self medicated Other
Do you have difficulty hearing or understanding people around you?	○ Yes ○ No
If yes, did you have a hearing problem before working on the landfill?	○ Yes ○ No
Is there a history of hearing problems or deafness in your family?	○ Yes ○ No
Have you ever been diagnosed with any of the following?	 No Ear infection Meningitis TB Mumps/measles
In the past 12 months, have you missed work due to any illness or injury?	○ Yes ○ No
If yes, please specify the illness or injury	
Do you think your illness or injury was related to your work?	○ Yes ○ No
lf yes, please give details	
how many times have you been pregnant?	$ \begin{array}{c} 0 \\ 0 \\ 1 \\ 2 \\ 3 \\ 4 \\ 5 \\ 6 \\ 7 \\ 8 \\ 9 \\ 10 \\ 11 \\ 12 \\ 13 \\ 14 \\ 15 \end{array} $



How many children do you have?	$ \begin{array}{c} 0 \\ 0 \\ 1 \\ 2 \\ 3 \\ 4 \\ 5 \\ 6 \\ 7 \\ 8 \\ 9 \\ 10 \\ 11 \\ 12 \\ 13 \\ 14 \\ 15 \end{array} $
Have you ever had a miscarriage?	○ Yes ○ No
If yes, when did it happen?	 Before working as a waste picker While working as a waste picker
If yes, how many miscarriages?	
Have you ever had a still birth?	○ Yes ○ No
If yes, when did this happen?	 Before working as a waste picker While working as a waste picker
If yes, how many still births?	
Was your last/ most recent pregnancy expected or not a surprise?	○ Yes ○ No
How long did it take you to fall pregnant?	 Years Months Don't know
Were you using contraceptives before you fell pregnant?	○ Yes ○ No
If yes, when did you stop your contraceptives?	 Years Months Don't know
Why did you stop your contraceptives?	 Fell pregnant Side effects Cost Religion N/A Other



What was the outcome of this pregnancy?	 Miscarriage Still birth Live birth
How many weeks were you when you delivered your last baby?	
What was the birth weight of you most recent child?	
Mental Health Screening	
Do you often have headaches?	⊖ Yes ⊖ No
Is your appetite poor?	○ Yes ○ No
Do you sleep badly?	○ Yes ○ No
Are you easily frightened?	○ Yes ○ No
Do your hands shake?	○ Yes ○ No
Do you feel nervous, tense or worried?	○ Yes ○ No
Is your digestion poor?	○ Yes ○ No
Do you have trouble thinking clearly?	○ Yes ○ No
Do you feel unhappy?	○ Yes ○ No
Do you cry more than usual?	○ Yes ○ No
Do you find it difficult to enjoy your daily activities?	○ Yes ○ No
Do you find it difficult to make decisions?	○ Yes ○ No
Is your daily work suffering?	⊖ Yes ⊖ No
Are you unable to play a useful part in life?	○ Yes ○ No



Have you lost interest in things?	○ Yes ○ No
Do you feel that you are a worthless person?	○ Yes ○ No
Has the thought of ending your life been on your mind?	○ Yes ○ No
Do you feel tired all the time?	○ Yes ○ No
Do you have uncomfortable feelings in your stomach?	○ Yes ○ No
Are you tired easily?	○ Yes ○ No
In the last 12 months, did you go to a clinic or hospital to see a doctor or nurse?	○ Yes ○ No
Do you attend the local clinic?	 Where you live Where you work Any
Do you always go to the same clinic?	○ Yes ○ No
lf no, please explain	-
What obstacles or barriers do you face when needing to access health care services?	 Transport problems Unable to pay for services Unable to take time off work during the day No services available in the community where I live No services available close to where I work Have problems getting child care Language problems Went to the clinic, but was turned away Poor quality of services or care Long waiting list to see the doctor or nurse Other
If other obstacles, please name them.	
What would you consider as the major obstacle you faced when accessing health care services?	
Do you feel that you are treated well at the clinic or hospital?	○ Yes ○ No
Do you feel that you are treated differently or discriminated against at the clinic or hospital?	○ Yes ○ No



Please explain your answer	
have you ever been admitted to a hospital?	────────────────────────────────────
	O No
If yes, when were you admitted and what was the diagnosis?	
How would you rate your quality of life?	 Very poor Poor Neither poor nor good Good Very good
How satisfied are you with your health?	 Very dissatisfied Dissatisfied Neither satisfied nor dissatisfied Satisfied Very satisfied
How satisfied are you with your access to health care services?	 Very dissatisfied Dissatisfied Neither satisfied nor dissatisfied Satisfied Very satisfied
How satisfied are you with your capacity to work?	 Very dissatisfied Dissatisfied Neither satisfied nor dissatisfied Satisfied Very satisfied
To what extent do you feel that physical pain prevents you from doing what you need to do?	 Not at all A little A moderate amount Very much An extreme amount
How much do you enjoy life?	 Not at all A little A moderate amount Very much An extreme amount
To what extent do you feel your life to be meaningful?	 Not at all A little A moderate amount Very much An extreme amount
How much do you fear the future?	 Not at all A little A moderate amount Very much An extreme amount



How much do you worry about your health?	 Not at all A little A moderate amount Very much An extreme amount
How much are you able to concentrate?	 Not at all A little A moderate amount Very much An extreme amount
How safe do you feel in your daily life?	 Not at all A little A moderate amount Very much An extreme amount
How healthy is your physical environment?	 Not at all A little A moderate amount Very much An extreme amount
Biochemistry test results	
Systolic blood pressure	
Diastolic blood pressure	
Fasting blood glucose	
Haemoglobin	
Cholesterol	

