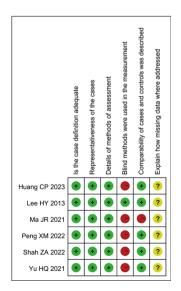


(a) Risk of bias summary (RCT)

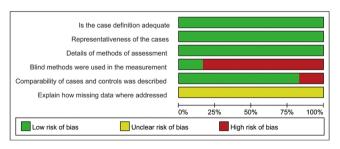


Random sequence generation (selection bias)
Allocation concealment (selection bias)
Blinding of participants and personnel (performance bias)
Blinding of outcome assessment (detection bias)
Incomplete outcome data (attrition bias)
Selective reporting (reporting bias)
Other bias

Unclear risk of bias

High risk of bias

(b) Risk of bias graph (RCT)



(d) Risk of bias graph (Observational Study)