Table B-Estimated odds ratios for extreme responses and for more positive responses among

telephone respondents

Item	Estimated odds ratios		p-value [§]
	Extreme		
	responses	reporting	
Medicine	<u> </u>	1 0	
Painkillers* [‡]	0.97	0.89	0.16
Sedatives*	1.67	1.18	0.50
Sleeping medicine*	0.87	1.05	0.77
Smoking habits			
Smoking daily*	1.12	0.97	0.54
Self-esteem			
I can cope with most situations in life	1.97	1.92	< 0.0001
No clear direction or purpose in life*	1.05	0.87	< 0.0001
Not able to influence my future*	1.18	0.88	< 0.0001
What I do in my daily life is meaningful	2.57	2.97	< 0.0001
Things happen that I do not understand*	1.07	0.70	< 0.0001
I have a great deal to live for	2.00	2.05	< 0.0001
Know what I ought to do, but not able to*	1.26	0.98	< 0.0001
Difficult to see how pieces in life connect*	0.96	0.94	0.006
Understand most of my everyday life	1.88	1.90	< 0.0001
Well-being			
Health in general	1.76	1.39	< 0.0001
Health compared to one year ago	0.93	0.99	0.90
Sick a little easier than other people*†	0.81	0.79	0.13
As healthy as anybody I know [†]	1.48	1.54	< 0.0001
Expect health to get worse*†	1.55	1.63	< 0.0001
Excellent health [†]	1.83	1.79	< 0.0001
Not had the time to relax or enjoy myself*	1.13	0.75	< 0.0001
Calm and peaceful	1.52	1.56	< 0.0001
Having a lot of energy	1.24	1.76	< 0.0001
A happy person	1.79	2.01	< 0.0001
Tired*	2.20	1.31	< 0.0001
Depression			
Been withdrawn*	1.64	1.45	< 0.0001
Not able to deal with other people*	2.12	1.74	< 0.0001
Found it difficult to be happy *	2.21	1.82	< 0.0001
Have eaten for comfort*	1.57	1.52	0.002
Nothing could cheer me up*	1.42	1.41	0.005
Downhearted and blue*	1.33	1.21	0.01
Stress			
Have been a bit touchy*	1.53	1.08	< 0.0001
Have lacked initiative *	2.18	1.82	< 0.0001
Have felt harassed*	1.11	0.73	< 0.0001
Feeling full of pep	1.31	1.72	< 0.0001
A very nervous person*	1.66	1.53	< 0.0001
Have had a tight chest or chest pains*	1.47	1.44	0.006
Have had palpitations*	1.64	1.60	0.0001
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Have been short of breath*	2.25	2.01	< 0.0001
Have been dizzy*	1.94	1.91	< 0.0001
Have had tension in various muscles*	1.67	1.21	< 0.0001
Have had a tendency to sweat*	2.44	2.27	< 0.0001
Have had problems concentrating*	1.73	1.64	< 0.0001
Have had difficulty in taking decisions*	1.58	1.51	< 0.0001
Have had difficulty with remembering*	1.28	1.26	0.05
Have found it difficult to think clearly*	1.36	1.40	0.002

^{*} Questions were reversed (either by negation or by using negatively loaded terms)

† "Don't know" responses were treated as missing values

‡ Variable partly corrupted; the middle categories "one or several times a week" and "one or several times a month" were combined in the analyses.

§ Chi-square test for identical distributions on the complete scale