

Question categories

Category and covered topics	Number of items
1) Time constraints	
Time and effort of recruitment	(3 items)
2) Difficulties including eligible patients	
Objections against intervention	(4 items)
Too strict eligibility criteria	(1 item)
Poor reachability of patients	(1 item)
Competing trials	(1 item)
3) Limited human resources	
Missing resources and support from trial coordinators	(3 items)
Missing organization and support within work setting	(4 items)
4) Trial design barriers	
Doubted scientific rationale of trial question	(3 items)
Doubted relevance of the trial question	(2 items)
Complexity of the trial	(2 items)
5) Insufficient training of recruiting physicians	
General briefing and instruction	(1 item)
Understanding of randomization procedure	(1 item)
6) Individual barriers of recruiting physicians	
Ethical concerns	(1 item)
Doubted benefit for the patient	(3 items)
Suspected negative effect on doctor-patient relationship	(2 items)
Missing incentives	(1 item)
7) Lack of access to treatment	
Availability of rehabilitation programs	(2 items)
	Total
	35 items