

Screening & Recruitment

- Greater Lawrence Family Health Center (GLFHC) patient panel prescreened for LLDPP screening criteria
- Letters forwarded to patient providers for signature
- Patients mailed letters and called for screening appointment

- Screening consent & questionnaire completed

Measure the following:

- Weight & Height
- Blood pressure
- Check medications
- Fingertstick (FBS, Total cholesterol, HDL) &
- Stern risk calculated

Meets criteria/
Baseline
appointment
scheduled

Didn't
meet
criteria/
Provide
results

Medical
clearance
form to
MD

Baseline
Appointment
Scheduled
when/if cleared

Baseline & Follow-up

Baseline Appointment

- Measures include demographics, Stern equation components, weight, glycosylated hemoglobin, diet, physical activity, depression, social support, & quality of life

Randomization

- Usual Care
- Special Intervention

Six-month Follow-up Appointment

- Weight measured

One-Year Follow-up Appointment

- Measures include demographics, Stern equation components, weight, glycosylated hemoglobin, diet, physical activity, depression, social support, & quality of life.