M. Huebner et al: Modeling trajectories of perceived leg exertion during maximal cycle ergometer exercise in children and adolescents

## Mathematical Supplement

## Functional clustering

In order to identify subgroups an exploratory functional clustering for sparse data was applied. The clustering model by James et al [1] assumes that the observed values $y_{i}$ for individuals $i$ can be constructed from a function $g_{i}$ subject to measurement errors $\varepsilon_{i}$ at measurements of $\% \mathrm{Wmax}, x_{i 1}, \ldots, x_{i n_{i}}$.

$$
Y_{i}=g_{i}+\varepsilon_{i}, \quad i=1, \ldots, n
$$

The measurement errors have mean zero and are uncorrelated. It is assumed that unobserved $x$ are missing at random. Spline basis functions are used for the functions $g$. This leads to a functional clustering model [1]

$$
\begin{aligned}
Y_{i}= & S_{i}\left(\lambda_{0}+\Lambda \alpha_{z_{i}}+\gamma_{i}\right)+\varepsilon_{i}, \quad i=1, \ldots, n \\
& \varepsilon_{i} \sim \mathcal{N}\left(0, \sigma^{2} I\right), \gamma_{i} \sim \mathcal{N}(0, \Gamma)
\end{aligned}
$$

where $S_{i}=\left(s\left(x_{i 1}\right), \ldots, s\left(x_{i n_{i}}\right)\right)$ is the spline basis matrix for the $i$-th individual. The model $\lambda_{0}+\Lambda \alpha_{z_{i}}$ parameterizes the cluster means where $z_{i}$ refers to the unknown cluster membership.

## Nonlinear mixed effects models

For each child from $i=1$ to $n=79$, each with $n_{i}$ observations we consider the Mixed-effects Quadratic-Delay model (MQD)
$y_{i j}=a+b_{1}\left(x_{i j}-c \vee 0\right)+b_{2}\left(x_{i j}-c \vee 0\right)^{2}+u_{i}+\epsilon_{i j}, \quad a, b_{1}, b_{2} \in \mathbb{R}, c \in\left[\min _{i, j}\left(x_{i j}\right), \max _{i, j}\left(x_{i j}\right)\right]$
where $a \vee b$ denotes $\max \{a, b\}$. We assume $\epsilon \sim_{\text {ind }} \mathcal{N}\left(0, \sigma^{2}\right)$ with $\sigma^{2}$ measures the overall variation, and the random effect $u_{i} \sim_{\text {ind }} \mathcal{N}\left(0, \tau^{2}\right)$ with $\tau^{2}$ measures the variation corresponding to each individual. Let $Y_{i}=\left(y_{i 1}, y_{i 2}, \cdots, y_{i n_{i}}\right)^{\prime}$ with $n_{i}$ observations for the $i$ th subject and let $\boldsymbol{Y}=\left(Y_{1}^{\prime}, Y_{2}^{\prime}, \cdots, Y_{n}^{\prime}\right)^{\prime}$. By stacking all $N=\sum_{i} n_{i}$ observations, the model can be written as:

$$
\boldsymbol{Y}=\boldsymbol{X}(c) \boldsymbol{\beta}+\boldsymbol{Z} \boldsymbol{u}+\boldsymbol{\epsilon}
$$

where $\boldsymbol{X}(c)$ is the design matrix with each row (1, $\left.x_{i j}-c \vee 0,\left(x_{i j}-c \vee 0\right)^{2}\right)$, and $\boldsymbol{\beta}=$ $\left(a, b_{1}, b_{2}\right)^{\prime}$. The parameters to be estimated are $\boldsymbol{\theta}=\left\{a, b_{1}, b_{2}, c, \sigma^{2}, \tau^{2}\right\}$. A Bayesian approach is used by choosing conjugate priors for the slope $\boldsymbol{\beta}=\left(a, b_{1}, b_{2}\right)^{\prime}$ and the variation components $\sigma^{2}, \tau^{2}$, and a flat prior for the delay $c$ over its finite support. Specifically,

$$
\begin{aligned}
\pi(\boldsymbol{\beta}) & =\mathcal{N}_{3}\left(\mathbf{0}_{3}, \delta^{2} I_{3}\right) \\
\pi\left(\sigma^{2}\right) & =\operatorname{IG}\left(a_{\sigma}, b_{\sigma}\right) \\
\pi\left(\tau^{2}\right) & =\operatorname{IG}\left(a_{\tau}, b_{\tau}\right) \\
\pi(c) & =\operatorname{Uniform}\left(\min _{i, j}\left(x_{i j}\right), \max _{i, j}\left(x_{i j}\right)\right)
\end{aligned}
$$

where $\mathcal{N}_{p}(\mu, \Sigma)$ denotes a $p$-dimensional Gaussian distribution with mean $\mu$ and covariance $\Sigma$, and $\operatorname{IG}(a, b)$ denotes Inverse Gamma distribution with shape parameter $a$ and scale parameter $b$. In practice, we choose the hyper-parameters $\delta^{2}=10^{3}, a_{\sigma}=a_{\tau}=2$ and $b_{\sigma}=b_{\tau}=0.01$ which yields a dispersed prior density for less subjectivity. The full conditional distributions for Gibbs sampler are:

$$
\begin{aligned}
\pi(\boldsymbol{\beta} \mid \cdots) & =\mathcal{N}_{3}\left(\mu_{\boldsymbol{\beta}}, \Sigma_{\boldsymbol{\beta}}\right)\left\{\begin{array}{l}
\Sigma_{\boldsymbol{\beta}}=\left(\sigma^{-2} \boldsymbol{X}(c)^{\prime} \boldsymbol{X}(c)+\delta^{-2} I_{3}\right)^{-1} \\
\mu_{\boldsymbol{\beta}}=\sigma^{-2} \Sigma_{\boldsymbol{\beta}} \boldsymbol{X}(c)^{\prime} \boldsymbol{Y}
\end{array}\right. \\
\pi\left(\sigma^{2} \mid \cdots\right) & =\operatorname{IG}\left(N / 2+a_{\sigma}, \boldsymbol{\epsilon}^{\prime} \boldsymbol{\epsilon} / 2+b_{\sigma}\right), \quad \text { where } \boldsymbol{\epsilon}=\boldsymbol{Y}-\boldsymbol{X}(c) \boldsymbol{\beta}-\boldsymbol{u} \\
\pi\left(\tau^{2} \mid \cdots\right) & =\operatorname{IG}\left(n / 2+a_{\tau}, \boldsymbol{u}^{\prime} \boldsymbol{u} / 2+b_{\tau}\right) \\
\pi(c \mid \cdots) & \propto \exp \left\{-\frac{1}{2 \sigma^{2}} \sum_{i, j}\left(\Delta_{i j}-u_{i}\right)^{2}\right\} \\
\pi\left(u_{i} \mid \cdots\right) & =\mathcal{N}_{1}\left(\frac{\tau^{2}}{n_{i} \tau^{2}+\sigma^{2}} \sum_{j=1}^{n_{i}} \Delta_{i j}, \frac{\tau^{2}}{n_{i} \tau^{2} \sigma^{-2}+1}\right)
\end{aligned}
$$

where $\Delta_{i j}=y_{i j}-a-b_{1}\left(x_{i j}-c \vee 0\right)-b_{2}\left(x_{i j}-c \vee 0\right)^{2}$. Note $\pi(c \mid \cdots)$ is not in closed form and can be computed numerically using Griddy-Gibbs sampler [2] over its finite support $\left[\min _{i, j}\left(x_{i j}\right), \max _{i, j}\left(x_{i j}\right)\right]$. For instance, $\min _{i, j} x_{i j}$ is 0.08 for $\%$ maximum work capacity. An estimated delay $c$ that is close to its lower limit indicates a negligible delay effect. This can happen due to pooled data masking delay effects for individuals.

Therefore we extend the mixed-effects quadratic-delay model to allow varying delay effects, by incorporating another random effect $\gamma_{i}$ for the delay parameter $c$ :

$$
\begin{aligned}
y_{i j} & =a+b_{1}\left(x_{i j}-c_{i} \vee 0\right)+b_{2}\left(x_{i j}-c_{i} \vee 0\right)^{2}+u_{i}+\epsilon_{i j}, \quad a, b_{1}, b_{2} \in \mathbb{R} \\
c_{i} & =c+\gamma_{i}, \quad c_{i} \in\left[\min _{j}\left(x_{i j}\right), \max _{j}\left(x_{i j}\right)\right]
\end{aligned}
$$

with the constraint $\sum_{i} \gamma_{i}=0$ to avoid identifiability issues. Again we assume $\epsilon \sim \mathcal{N}\left(0, \sigma^{2}\right)$ with $\sigma^{2}$ measures the overall variation, the random intercept $u_{i} \sim \mathcal{N}\left(0, \tau^{2}\right)$ and random delay $\gamma_{i} \sim \mathcal{N}\left(0, \nu^{2}\right)$ with $\tau^{2}$ and $\nu^{2}$ measure the variation of due to each individual. All three components are assumed to be independent. This Mixed-effects Quadratic-Delay Model with Varying delays (MQDV) can be written in matrix format

$$
\boldsymbol{Y}=\boldsymbol{X}(c, \boldsymbol{\gamma}) \boldsymbol{\beta}+\boldsymbol{Z} \boldsymbol{u}+\boldsymbol{\epsilon}
$$

with parameters $\boldsymbol{\theta}=\left\{a, b_{1}, b_{2}, c, \sigma^{2}, \tau^{2}, \nu^{2}\right\}$. We further assume $\pi\left(\nu^{2}\right)=\operatorname{IG}\left(a_{\nu}, b_{\nu}\right)$. The conditional distributions for Gibbs sampler are the same for $\left\{a, b_{1}, b_{2}, c, \sigma^{2}, \tau^{2}\right\}$ except that $\boldsymbol{X}(c)$ is replaced by $\boldsymbol{X}(c, \gamma)$, i.e., $x_{i j}-c \vee 0$ replaced by $x_{i j}-c_{i} \vee 0$, and for updating $c$ the support $\left[\min _{i, j}\left(x_{i j}\right), \max _{i, j}\left(x_{i j}\right)\right]$ is replaced by

$$
\left[\max _{i}\left(\min _{j}\left(x_{i j}\right)-\gamma_{i}\right), \min _{i}\left(\max _{j}\left(x_{i j}\right)-\gamma_{i}\right)\right]
$$

and we have

$$
\begin{aligned}
& \pi\left(\nu^{2} \mid \cdots\right)=\operatorname{IG}\left(n / 2+a_{\nu}, \gamma^{\prime} \gamma / 2+b_{\nu}\right) \\
& \pi\left(\gamma_{i} \mid \cdots\right) \propto \exp \left\{-\frac{1}{2 \sigma^{2}} \sum_{j=1}^{n_{i}}\left(\Delta_{i j}-u_{i}\right)^{2}-\frac{1}{2 \nu^{2}} \gamma_{i}^{2}\right\}
\end{aligned}
$$

where $\Delta_{i j}=y_{i j}-a-b_{1}\left(x_{i j}-c-\gamma_{i} \vee 0\right)-b_{2}\left(x_{i j}-c-\gamma_{i} \vee 0\right)^{2}$. Again the posterior distribution for $\gamma_{i}$ is not a known distribution but can be sampled numerically using GriddyGibbs sampler over its support $\left[\min _{j}\left(x_{i j}\right)-c, \max _{j}\left(x_{i j}\right)+c\right]$. With the constraint $\sum_{i} \gamma_{i}=0$ we update $\gamma_{i}$ for $i=1,2, \cdots, n-1$ and let $\gamma_{n}=-\sum_{i=1}^{n-1} \gamma_{i}$.

The Mixed-effects Power-Delay Model (MPD) is given by

$$
y_{i j}=a+b_{2}\left(x_{i j}-c \vee 0\right)^{d}+u_{i}+\epsilon_{i j}, \quad a, b_{2}, d \in \mathbb{R}, c \in\left[\min _{i, j}\left(x_{i j}\right), \max _{i, j}\left(x_{i j}\right)\right]
$$

and the Mixed-effects Power-Delay Model with Varying delays (MPDV)

$$
\begin{aligned}
y_{i j} & =a+b_{2}\left(x_{i j}-c_{i} \vee 0\right)^{d}+u_{i}+\epsilon_{i j}, \quad a, b_{2}, d \in \mathbb{R} \\
c_{i} & =c+\gamma_{i}, \quad c_{i} \in\left[\min _{j}\left(x_{i j}\right), \max _{j}\left(x_{i j}\right)\right]
\end{aligned}
$$

Compared to the quadratic models, $\boldsymbol{\beta}=\left(a, b_{1}, b_{2}\right)^{\prime}$ is replaced by $\boldsymbol{\beta}=\left(a, b_{2}, d\right)^{\prime}$ with exponent $d$. The conditional distributions for common parameters are the same, except $\boldsymbol{X}(c)$ is replaced by $\boldsymbol{X}(c, d)$, i.e., each row $\left(1, x_{i j}-c \vee 0,\left(x_{i j}-c \vee 0\right)^{2}\right)$ is replaced by $\left(1,\left(x_{i j}-c \vee 0\right)^{d}\right)$ for MPD, and similarly $\boldsymbol{X}(c, \gamma)$ is replaced by $\boldsymbol{X}(c, d, \gamma)$ for MPDV. For power parameter $d$, we choose uniform prior over a specified appropriate support that is suggested by the data. Specifically, we choose $\pi(d)=\operatorname{Uniform}(0,20)$. Similarly the conditional posterior distribution for $c$ is not known and can be computed numerically over the specified range.

## References

[1] James GM, Sugar CA: Clustering for sparsely sampled functional data. J Am Stat Assoc 2003, 98:397-408.
[2] Ritter C, Tanner MA: Facilitating the Gibbs sampler: the Gibbs stopper and the Griddy-Gibbs sampler. J Am Stat Assoc 1992, 87:861-868.

