

<b>Stage</b>	<b>Content</b>
Feeling understood	Elicit physical symptoms, psychosocial problems, mood state, beliefs held by patient about their problem, relevant physical examination and investigations
Broadening the agenda	Summarise physical and psychosocial findings. Negotiate these findings with patient
Making the link	Give explanation relating physical symptom to psychosocial problems of lifestyle because of link in time or physiology
Negotiating further treatment	Arrange follow up or treatment of symptoms, psychosocial problems or mental disorder