

Search of computerised records in 4 general medical practices using criteria:
>50 years old, consulting with hip or knee osteoarthritis in previous 12 months

Random sample

400 invited to participate in study by written invitation from their general practitioner

Recruitment

120 recruited (30% recruitment rate) sent baseline postal questionnaire

**Remote
Randomisation**

60 participants sent 'The Hip and
Knee Book'

60 participants sent the control
booklet

One month follow-up

Postal questionnaire sent one month
after randomisation

One month follow-up

Postal questionnaire sent one month
after randomisation

Three months follow-up

Postal questionnaire sent three
months after randomisation
50 returned (if response rate 80%)

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