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                    │     TARGET POPULATION       │
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TARGET POPULATION

STUDY POPULATION
Patients meeting eligibility criteria:
-40 to 75 years, both genders
-Dyslipemia

Exclusion Criteria:
- Secondary hypercholesterolemia.
- Familial high-density lipoprotein deficiency.
-CVD, Diabetes, COPD, severe liver disease, kidney disease
-Psychiatric disorders or substance abuse
-Prolonged sick leave.
-Pregnant or nursing.

Randomization
48-50 General Practitioners
(n=436 patients)

Research Training Program

EXPERIMENTAL GROUP (24-25 GPs)
218 patients (8-10/doctor)
Pre-inclusion interview (V-1)
Initial assessment

CONTROL GROUP (24-25 GPs)
218 patients (8-10/doctor)
Pre-inclusion interview (V-1)
Initial assessment

Baseline assessment (V0)
Motivational Interviewing

Baseline assessment (V0)
Usual intervention

Follow-up, intervention and assessment
2, 4, 8 , 12 months
Degree of lipid level control and CV risk assessment

Follow-up, intervention and assessment
2, 4, 8 , 12 months
Degree of lipid level control and CV risk assessment

Data analysis
Conclusions

GPs: General Practices