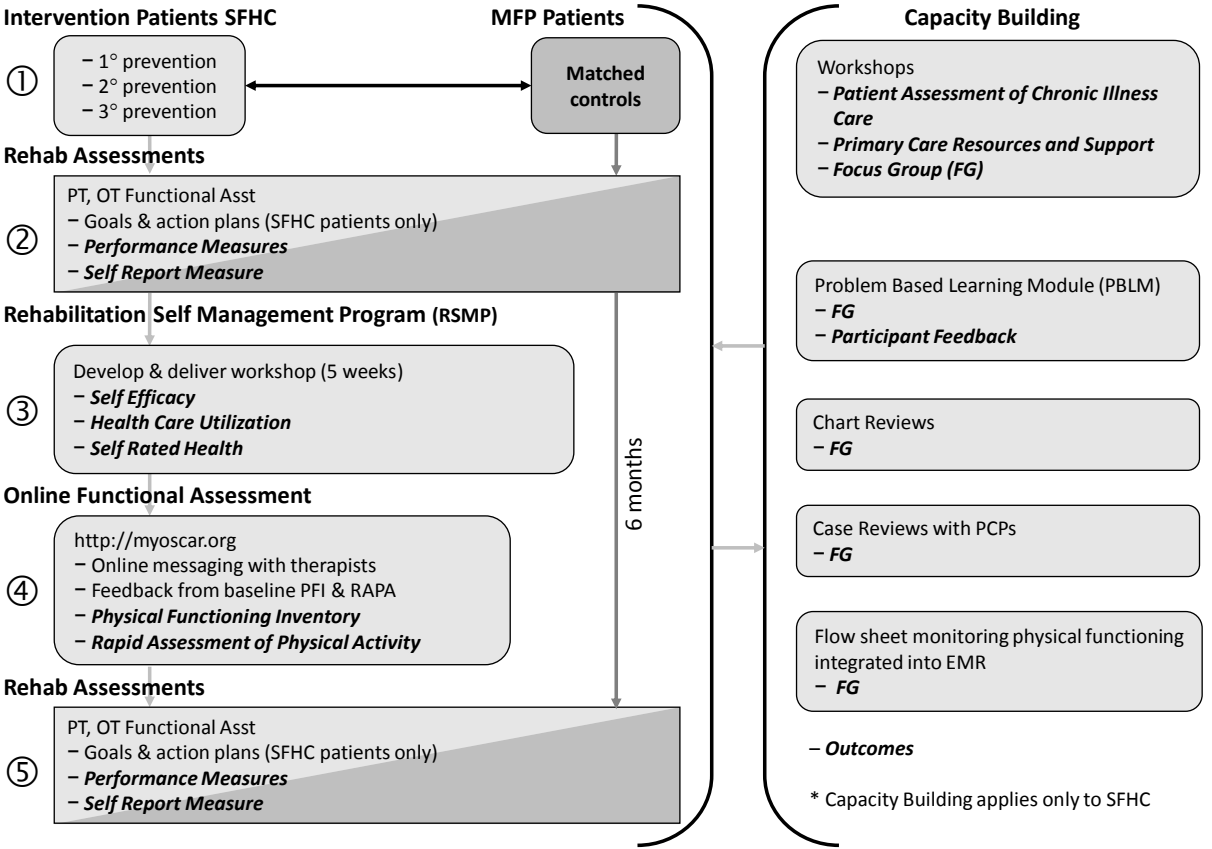
Intervention Patients SFHC
MFP Patients
Capacity Building
①
– 1° prevention
– 2° prevention
– 3° prevention
Matched controls
Rehab Assessments
②
PT, OT Functional Asst
– Goals & action plans (SFHC patients only)
– Performance Measures
– Self Report Measure
Rehabilitation Self Management Program (RSMP)
③
Develop & deliver workshop (5 weeks)
– Self Efficacy
– Health Care Utilization
– Self Rated Health
Online Functional Assessment
④
http://myoscar.org
– Online messaging with therapists
– Feedback from baseline PFI & RAPA
– Physical Functioning Inventory
– Rapid Assessment of Physical Activity
Rehab Assessments
⑤
PT, OT Functional Asst
– Goals & action plans (SFHC patients only)
– Performance Measures
– Self Report Measure
6 months
Workshops
– Patient Assessment of Chronic Illness Care
– Primary Care Resources and Support
– Focus Group (FG)
Problem Based Learning Module (PBLM)
– FG
– Participant Feedback
Chart Reviews
– FG
Case Reviews with PCPs
– FG
Flow sheet monitoring physical functioning integrated into EMR
– FG
– Outcomes
* Capacity Building applies only to SFHC