Absolute risk for a chronic disease in male at onset of IA 10% ■ 3 or more chronic diseases 9% 1 or 2 chronic diseases 8% □ No chronic diseases 7% 6% 5% 4% 3% 2% 1% 0% 40 50 60 70 40 50 60 70 40 50 60 70 40 50 60 70 Heart failure Carpal tunnel Anemia COPD syndrome