

Study population
240 patients IFG within 50 general practices

Randomisation

Control Group:

- general practices N=25
- patients N=120

Baseline measurement

Care as usual:

Dutch Diabetes Mellitus
type 2 guideline

1-year follow up

Care as usual:

Dutch Diabetes Mellitus
type 2 guideline

2-year follow up

Experimental Group:

- general practices N=25
- patients N=120

Baseline measurement

Intervention:

*'the road map towards
diabetes prevention'*

1-year follow up

Care as usual:

Dutch Diabetes Mellitus
type 2 guideline

2-year follow up