

Enrollment

Randomly selected by health insurance company from insurants with diabetes and excluded persons with dementia or severe mental diseases (n=5904)

Excluded (n= 2993)
→ Declined to participate

Provided written informed consent (n=3811)

Baseline (T₁)

Returned 1st questionnaire (n=3222)

Follow-Up (T₂)

Returned 2nd questionnaire (n= 1832)
Discontinued (n-1399)

Follow-Up (T₃)

Returned 3rd questionnaire (n= 1867)
Discontinued (n=1355)