

## The TIDieR (Template for Intervention Description and Replication) Checklist\*:

Information to include when describing an intervention and the location of the information

Item	Item	Where Id	ocated **	
number		Primary paper	Other <sup>†</sup> (details)	
		(page or appendix		
		number)		
	BRIEF NAME			
1.	Provide the name or a phrase that describes the intervention.	Title and		
		methods p8		
	WHY	•		
2.	Describe any rationale, theory, or goal of the elements essential to the intervention.	Background p7-		
		8		
	WHAT			
3.	Materials: Describe any physical or informational materials used in the intervention, including those	Methods –		
	provided to participants or used in intervention delivery or in training of intervention providers.	intervention		
	Provide information on where the materials can be accessed (e.g. online appendix, URL).	p10-14		
4.	Procedures: Describe each of the procedures, activities, and/or processes used in the intervention,	Methods -		
	including any enabling or support activities.	intervention		
		p10-14		
	WHO PROVIDED			
5.	For each category of intervention provider (e.g. psychologist, nursing assistant), describe their	Methods -		
	expertise, background and any specific training given.	intervention		
		p10-14		
	HOW			
6.	Describe the modes of delivery (e.g. face-to-face or by some other mechanism, such as internet or	Methods -		
	telephone) of the intervention and whether it was provided individually or in a group.	intervention		

		p10-14	
	WHERE		
7.	Describe the type(s) of location(s) where the intervention occurred, including any necessary	Methods –	
	infrastructure or relevant features.	intervention p12	
	WHEN and HOW MUCH		
8.	Describe the number of times the intervention was delivered and over what period of time including	Methods –	
	the number of sessions, their schedule, and their duration, intensity or dose.	intervention p10	
	TAILORING		
9.	If the intervention was planned to be personalised, titrated or adapted, then describe what, why,	NA _	
	when, and how.		
	MODIFICATIONS		
10. <sup>‡</sup>	If the intervention was modified during the course of the study, describe the changes (what, why,	NA _	
	when, and how).		
	HOW WELL		
11.	Planned: If intervention adherence or fidelity was assessed, describe how and by whom, and if any	NA _	
	strategies were used to maintain or improve fidelity, describe them.		
12.‡	Actual: If intervention adherence or fidelity was assessed, describe the extent to which the	NA _	
	intervention was delivered as planned.		

<sup>\*\*</sup> **Authors** - use N/A if an item is not applicable for the intervention being described. **Reviewers** – use '?' if information about the element is not reported/not sufficiently reported.

<sup>†</sup> If the information is not provided in the primary paper, give details of where this information is available. This may include locations such as a published protocol or other published papers (provide citation details) or a website (provide the URL).

<sup>‡</sup> If completing the TIDieR checklist for a protocol, these items are not relevant to the protocol and cannot be described until the study is complete.

<sup>\*</sup> We strongly recommend using this checklist in conjunction with the TIDieR guide (see BMJ 2014;348:g1687) which contains an explanation and elaboration for each item.

\* The focus of TIDieR is on reporting details of the intervention elements (and where relevant, comparison elements) of a study. Other elements and methodological features of studies are covered by other reporting statements and checklists and have not been duplicated as part of the TIDieR checklist. When a randomised trial is being reported, the TIDieR checklist should be used in conjunction with the CONSORT statement (see <a href="https://www.consort-statement.org">www.consort-statement.org</a>) as an extension of Item 5 of the CONSORT 2010 Statement. When a clinical trial protocol is being reported, the TIDieR checklist should be used in conjunction with the SPIRIT statement as an extension of Item 11 of the SPIRIT 2013 Statement (see <a href="https://www.spirit-statement.org">www.spirit-statement.org</a>). For alternate study designs, TIDieR can be used in conjunction with the appropriate checklist for that study design (see <a href="https://www.equator-network.org">www.equator-network.org</a>).