

GÖTEBORGS UNIVERSITET



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| Project MADRS-S/PRI-SMA   | Date |                            |
|---|------|----------------------------|
| Patient questionnaire 2 – follow-up<br>Name                                   |      |                            |
|   |      |                            |
| <b>Pers nb (</b> 10 nb)   |      | gender nr<br>by the nurse) |
|   |      |                            |
| Age   |      |                            |
| What is your occupation now?  |      |                            |
| Obs! only one alternative.  |      |                            |
| 1 🗌 Work as employee  |      |                            |
| 2 🗌 Own employer  |      |                            |
| 3 🗌 Studying  |      |                            |
| 4 🗌 Long time sick-leave or early retirement                                  | t    |                            |
| 5 🗌 Parental leave  |      |                            |
| 6 🗌 In search of work   |      |                            |
| <ul> <li>7 Working at home with the household</li> <li>8 Pensioner</li> </ul> |      |                            |
| Your occupation   |      |                            |
| Do you smoke?   |      |                            |
| Yes   |      |                            |
| No  |      |                            |
| Sometimes   |      |                            |

# How often are you physically active (running, bicycling, training etc) at least 30 minutes at one time?

- 1 🗌 4 times or more per week
- 2 2-3 times per week
- $3 \square 1$  time per week
- 4 Some time per month
- 5 🗌 Never

### How often are you physically active at leisure time?

If your activity changes much from summer to winter, try to make an average The question concerns the latest year. **Only tic one box.** 

### ☐ Mostly sitting in leisure time -sedentary

Mostly reading, television, cinema, computer.

## ☐ Medium physically active at leisure time

Walking, bicykling, ore move in some way at least 4 hours per week.

### Regular atheltics or trainig

Running, swimming, tennis, badminton, or hard work in the garden etc at least 2-3 hours a week.

# ☐ Hard training or competitive sport .

Hard training several times a week

### Have you been on sick-leave during the last 3 months?

| No  |  |
|-----|--|
| Yes |  |

Yes, in total .....days

# Du you regularly use medicines??

| cines regularly |
|-----------------|
|                 |
|                 |
|                 |
|                 |

# How satisfied are you with the treatment you have had for depression during the last 3 months?

(1 means you are not at all satisfied, and 10 that you are completely satisfied with the treatment )

1 2 3 4 5 6 7 8 9 10

# Thanks for answering the questions!