

Institute for Epidemiology, Social Medicine and Health Systems Research

MHH — Hannover Medical School

Survey of County Administrators in Lower Saxony on the Municipal Impact of Outpatient Physician Supply



Project Managers:

Professor Dr. Volker E. Amelung Professor Dr. Christian Krauth

Medizinische Hochschule Hannover (Hannover Medical School) Institute of Epidemiology, Social Medicine and Health Systems Research Carl-Neuberg-Str. I

30625 Hannover, Germany

Cooperation Partners:





Instructions for Completing the Questionnaire

| Insert an "X" to clearly mark the box or circle indicating your response. | |
|--|--|
| Boxes indicate that only ONE response can be selected. | |
| Circles mean that multiple responses can be selected. | $\otimes \bigcirc \otimes$ |
| To correct a response, completely blot out the incorrect field as follows: | |
| Rectangles are completed by writing in a number: | 1 5 |
| Some questions require you to make free text responses, which should be written in block letters: | <u>Doctors</u> |
| For better readability, this questionnaire was formulated using male pronoun forms both males and females. This questionnaire takes approximately 15 minutes to complete. | only (he/him/his), but expressly refers to |
| If you have any questions, please contact Mr. Bertolt Kuhn by phone Kuhn.Bertolt@mh-hannover.de. | or email: 🕿 + (0)511 532 6826 |
| Thanks for your assistance! | |
| Shis Kank | B. Kul |

Sources: Questions 3, 6, 7, 8, 9, 15 and 16 are based on the General Practitioner Care Survey for Municipalities in Baden-Württemberg [by KompetenzZentrum Allgemeinmedizin; Steinhäuser, Joos; Heidelberg University Hospital; 2011]. Thanks for your assistance!

Prof. Dr. Volker E. Amelung

Prof. Dr. Christian Krauth

Bertolt Kuhn

A. Assessment of your county or district

Healthcare policy-makers are increasingly concerned about differences in the supply of rural areas with general practitioners and medical specialists. Some regions have a very good supply of doctors, while others report a current or upcoming shortage of physicians.

| Dissatisfied Somewhat dissatisfied Neither* Somewhat satisfied | Satisfied |
|--|---|
| | |
| | |
| 2. Please rate the following statements: | |
| Completely Partly disagree Pa disagree | artly agree Completely agree |
| Overall, there are enough general practitioners in my county or district. | |
| Overall, there are enough specialists in my county or district. | |
| Which specialties are absent or under-represented? | |
| 3. Filling vacancies in medical practices is currently a problem in my county or district or will Completely Partly Partly disagree disagree agree | be in the near future. Completely agree |
| □ □ □ ↓ ↓ | □ |
| If filling vacancies is (or might be) a problem in your county or district: What are opinion? (Multiple responses are possible.) | the reasons for this, in your |
| General shortage of physicians Disadvantageous geographical location of the county or district Unattractive earning potential High physician workload Lack of job offers for spouses or life partners of physicians Other (please s | |
| 4. Residents in my county or district can easily reach the independent physicians practicing by | public transportation. |
| Completely Partly Partly agree Partly disagree disagree and disagree agree | Completely agree |

| | That are currently the greatest challenges to outpatient medical care in your county or district? (Multiple responses are assible.) |
|---|---|
| C | Reaching care-dependent patients |
| C | Accessibility of doctor's offices |
| C | Emergency care |
| C | Providing care on weekends |
| C | Filling vacancies in doctor's offices |
| C | Access to specialist physicians in the vicinity |
| С | Other (please specify): |

| <u>B.</u> C | <u>ptions</u> | for | exerting | municip | oal | <u>influence</u> | on | the | <u>outpatient</u> | ph | ysician | supp | ly |
|-------------|---------------|-----|----------|---------|-----|------------------|----|-----|-------------------|----|---------|------|----|
| | | | | | | | | | | | | | |

In the following section, we would like to learn how you perceive generalist and specialist care as a municipal topic. What is your personal opinion?

| 6. | How great a role of your opinion? | does outpatient physician su | pply play as a location a | attractiveness factor for | your county or district, in | | | |
|----|--|--|---|---------------------------|-----------------------------|--|--|--|
| | Very small | Small | Moderate | Large | Very large | | | |
| | | | | | | | | |
| 7. | Outpatient physicia | n supply is a fundamental p | ublic service topic in my | district. | | | | |
| | Completely | Partly | Partly agree and | Partly agree | Completely | | | |
| | disagree | disagree | disagree | raitly agree | agree | | | |
| | | | | | | | | |
| 8. | • . | ntient physician supply is the ommissioners should still atte | • • | • | ealth Insurance Physicians. | | | |
| | Completely | Partly | Partly agree and | Partly agree | Completely | | | |
| | disagree | disagree | disagree | | agree | | | |
| 9. | What is the maxin | mum acceptable time a res | ident in vour district sl | hould have to travel fr | om home to the doctor's | | | |
| • | | nion? (if not an emergency) | ,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,, | | | | | |
| | Please write in the maximum acceptable travel time in minutes. | | | | | | | |
| T | o the <u>GP</u> : | By car | Min. By public tr | ansport | Min. | | | |
| T | o a specialist: | By car | Min By public tr | ansport | Min | | | |
| T | o the hospital: | By car | Min By public tr | ansport | Min | | | |

| | ceholders at which level | should be more in | nvolved in securing the o | utpatient physician supp | ly in the future? <i>(Multiple</i> |
|------------|--|----------------------|----------------------------------|---------------------------|------------------------------------|
| \circ | Federal / State | | | | |
| Ŏ | Municipal | | | | |
| 0000 | Associations of Statutor | ry Health Insurance | Physicians | | |
| Ŏ | Health insurance comp | anies | | | |
| Õ | College and university | | | | |
| | Other | | | | |
| 0 | (please —— | | | | |
| | specify): | | | | |
| | No additional involvem | ent is needed to s | ecure the physician supply | <i>'</i> . | |
| | | | | | |
| | v great are your potenti nmissioner? | als to exert influen | ce on ensuring the local | outpatient physician sup | ply as a county |
| | Very small | Smalll | Moderate | Large | Very large |
| | | | | | |
| 12. Do | you see a need for supp | plementary municip | al measures to encourage | physicians to settle in y | your county or district? |
| | ich supplementary munic district? <i>(Multiple respon</i> | | ou think are <u>important</u> fo | or encouraging physician | s to settle in your county |
| \bigcirc | Creating an attractive | infrastructure | | | |
| \sim | Easing personal framev | work conditions for | doctors | | |
| O | (e.g., compatibility of | work and family lif | e). | | |
| 0 | Increased cooperation | with the Association | n of Statutory Health Insu | rance Physicians | |
| Ō | Providing financial sup | port | | | |
| _ | Other | | | | |
| 0 | (please —— | | | | |
| | specify): | | | | |
| | | nicipal measures are | e important / necessary fo | or encouraging physician | s to settle in my |
| | county or district? | | | | |

14. Do you see any obstacles to the implementation of municipal measures to encourage physicians to settle in your county or district?

| Ш | Yes (please specify): (Multiple | responses are possible. | No | Skip to | Question 15 | |
|-------------------|--|---------------------------------|------------------|--------------------|-----------------|------------------------|
| \bigcirc | Lack of jurisdiction/authority or | ability to intervene | | | | |
| Ŏ | Lack of financial resources | | | | | |
| 0000 | Lack of personnel | | | | | |
| ŏ | Lack of knowledge | | | | | |
| \sim | Restrictions imposed by municip | nal law or competition | law | | | |
| 0 | Other obstacles (please specify): | , | | | | |
| | ase rate the <u>feasibility of implem</u> r county or district. | n <u>entation</u> of the follow | ring municipal ı | measures for enc | ouraging physic | cians to settle in |
| | | Completely unfeasible | Unfeasible | Partly feasible | Feasible | Completely feasible |
| | mentary assistance for establishin | g a | | | | |
| medica assista | al practice (e.g., renovation nce) | | | | | |
| Loan a | acquisition support | | | | | |
| Provisi | on of cheap properties | | | | | |
| Provisi premis | on of low-rent or rent-free medi es | cal | | | | |
| Creation | on of an information platform wi | th | | | | |
| lists of studen | f contacts for doctors and medica ts | al | | | | |
| Financ scholai | ial aid for medical students (e.g. rships) | · 🗆 | | | | |
| | nce to help doctors acquire fund support programs | s \square | | | | |
| | ich other municipal measures f | or encouraging physic | cians to settle | in your county | or district do | you think are |
| | e municipal measures already bo | een implemented to e | ncourage physic | cians to settle in | your county | or district? If so, |

| - | | | | | |
|-----|--|--|--|---|--|
| 18. | • | | • | t in securing the physician | ••• • |
| | Strongly disagree | Disagree | Agree | Strongly agree | Undecided |
| 19. | care center (HCC), togestablish health care outpatient care. | gether with doctors of centers as <u>municipal er</u> | various specialties. In th nterprises that that emp | ns in private practice or a ne future, it should be ea loy physicians and equally ully suitable for your count | sier for municipalities to participate in providing |
| | Strongly disagree | Disagree | Agree | Strongly agree | Undecided |
| | Briefly explain your re | sponse (using keywords). | | | |

C. Suitability of new health care models

Besides providing support and assistance for medical practices, various new care models are being discussed as additional ways to secure the physician supply. Some of these models are already being implemented, while others are still being treated as "visions for the future" in Germany". The degree of suitability of such care models for a given county or district varies according to the local circumstances.

20. Please rate the suitability of the following five health care models for your county or district.

М



Trained medical assistants

edical assistants can undergo additional training qualifying them to relieve doctors of certain duties. Routine medical duties, such as wound treatment, home check-up visits, and medical documentation, can then be performed by the Trained Medical Assistant (TMA). However, the doctor is still the responsible party. TMAs can relieve doctors of certain duties, giving physicians more time to treat patients in their office.

How suitable is this health care model for your county or district?

| Very unsuitable | Unsuitable | Partly suitable and unsuitable | Suitable | Very suitable |
|-------------------------|------------------------|-----------------------------------|----------|---------------|
| | | | | |
| Briefly explain your re | esponse (using keyword | 5). | | |

2

Patient bus



P

atient buses are a means of transportation designed to ensure patient access to the doctor's offices by public transport. Patient buses take patients from remote areas of the county to the doctor's office and back. The operating hours of the patient buses are aligned with those of the doctor's offices.

How suitable is this health care model for your county or district?

| Very unsuitable | Unsuitable | unsuitable and | Suitable | Very suitable |
|-------------------------|-----------------------|----------------|----------|---------------|
| | | | | |
| Briefly explain your re | sponse (using keyword | s). | | |

3

Mobile physicians' office



The mobile physicians' office is a fully-equipped doctor's office integrated in a converted camper van or minibus. The doctor can drive the mobile medical practice to remote areas where there is no local general practitioner. A mobile physicians' office is equipped like a normal primary care practice and provides a first point of contact for medical care.

How suitable is this health care model for your county or district?

| Very unsuitable | Unsuitable | Partly suitable and unsuitable | Suitable | Very suitable |
|-------------------------|-----------------------|--------------------------------|----------|---------------|
| | Ш | Ш | Ш | |
| Briefly explain your re | sponse (using keyword | ls). | | |

Picture sources: KV Brandenburg (Patient bus); Fotoagentur Hübner (Mobile physicians' office).

| 4 | |
|---|--|
| | |

Hospital-based specialist care



In regions with a scarcity of specialized physicians, local hospitals could increasingly provide outpatient services to improve access to a specialist. Patients with less serious illnesses could thus be treated in the hospital in the future. In this case, the hospital providing such outpatient care would schedule an appointment with the patient.

How suitable is this health care model for your county or district?

| Very unsuitable | Unsuitable | Partly suitable and unsuitable | Suitable | Very suitable |
|-------------------------|-----------------------|--------------------------------|----------|---------------|
| | | | | |
| Briefly explain your re | sponse (using keyword | s). | | |

Remote treatment (telemedicine)

n telemedicine, patients do not present in the doctor's office physically, but receive remote treatment and advice from a physician via telecommunication and information technology. This saves patients from having to travel long distances. Contact between telemedicine patients and doctors takes place via email, telephone and/or videoconferencing. Based on the reported symptoms of disease, the doctor decides whether to issue the patient a drug prescription or sick leave. If an examination that cannot be performed remotely is needed, the patient must schedule an appointment and present to the doctor in person.

How suitable is this health care model for your county or district?

| Very unsuitable | Unsuitable | Partly suitable and unsuitable | Suitable | Very suitable |
|--------------------------------------|--------------|-----------------------------------|----------|---------------|
| | | | | |
| Briefly explain your response (using | g keywords). | | | |

| D. Structu | re of your county or district | | | | | | | |
|---|-------------------------------------|-----------|-----------------------------|--------------|--------------------|--|--|--|
| In this last | t section, we ask you to provide br | ief infor | mation about your county | or district. | | | | |
| 21. What is the population size of your county or district? | | | | | | | | |
| | ≤ 80,000 160,001 to 200,000 | | 80,001 to 120,000 > 200,000 | | 120,001 to 160,000 | | | |
| 22. Is you | ı county or district more urban or | rural? | | | | | | |
| | Urban Rural | | | | | | | |
| Do you have any questions or comments to the questionnaire? | | | | | | | | |
| | | | | | | | | |
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| | | | | | | | | |

THANKS FOR YOUR ASSISTANCE!

Please return the completed questionnaire by 15 September 2015. Please use the postage-paid return envelope provided for that purpose.