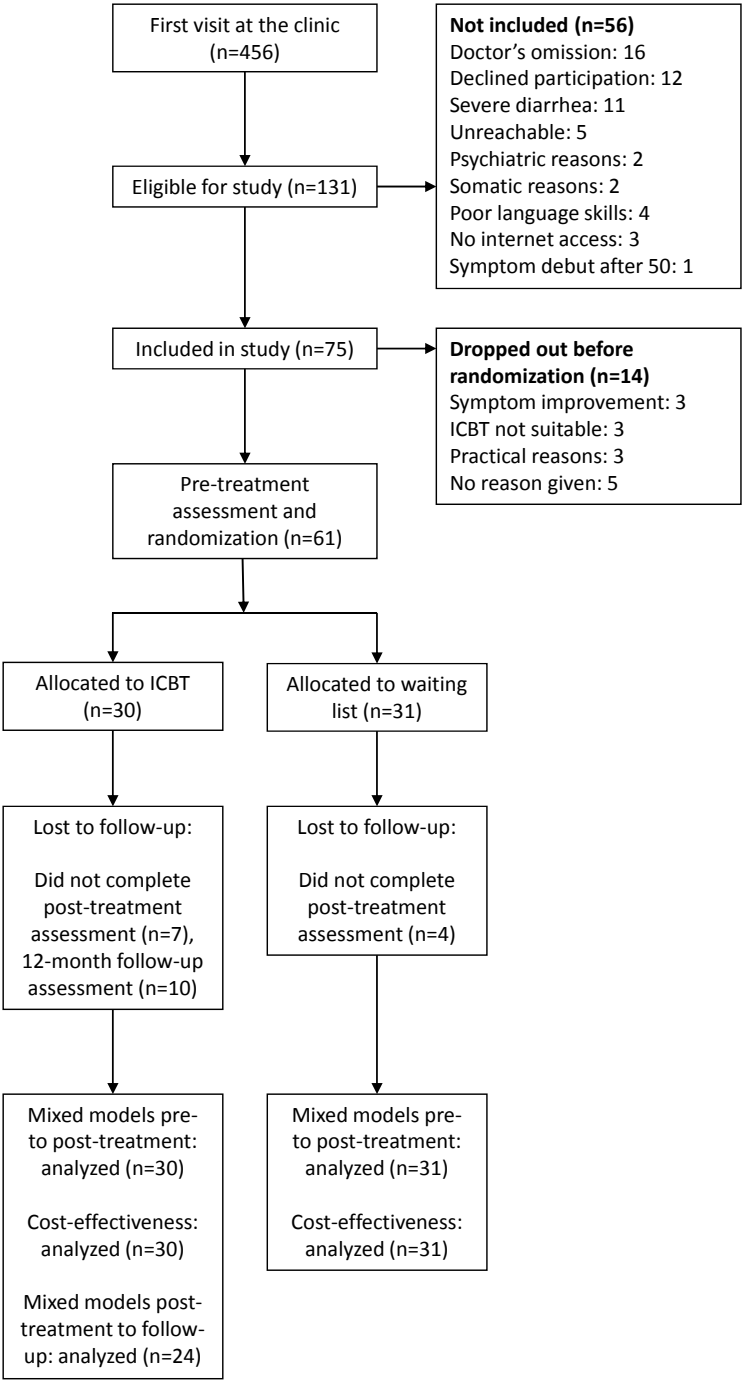
First visit at the clinic (n=456)
Eligible for study (n=131)
Not included (n=56)
Doctor's omission: 16
Declined participation: 12
Severe diarrhea: 11
Unreachable: 5
Psychiatric reasons: 2
Somatic reasons: 2
Poor language skills: 4
No internet access: 3
Symptom debut after 50: 1
Included in study (n=75)
Dropped out before randomization (n=14)
Symptom improvement: 3
ICBT not suitable: 3
Practical reasons: 3
No reason given: 5
Pre-treatment assessment and randomization (n=61)
Allocated to ICBT (n=30)
Allocated to waiting list (n=31)
Lost to follow-up:
Did not complete post-treatment assessment (n=7), 12-month follow-up assessment (n=10)
Lost to follow-up:
Did not complete post-treatment assessment (n=4)
Mixed models pre- to post-treatment: analyzed (n=30)
Cost-effectiveness: analyzed (n=30)
Mixed models post-treatment to follow-up: analyzed (n=24)
Mixed models pre- to post-treatment: analyzed (n=31)
Cost-effectiveness: analyzed (n=31)