**Additional file 1: Lithium side effect questionnaire**

Please indicate to what extent you suffer from the mentioned symptoms, it is only about your own experience.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | No | Light, hardly any disturbance | Moderate, some disturbance | Heavily with much disturbance |
| Headache  | 0 | 1 | 2 | 3 |
| Dizziness | 0 | 1 | 2 | 3 |
| Fatigue  | 0 | 1 | 2 | 3 |
| Blurred double vision | 0 | 1 | 2 | 3 |
| Concentration problems | 0 | 1 | 2 | 3 |
| Memory disorders | 0 | 1 | 2 | 3 |
| Nausea | 0 | 1 | 2 | 3 |
| Dry mouth  | 0 | 1 | 2 | 3 |
| Thirsty  | 0 | 1 | 2 | 3 |
| Increased urination  | 0 | 1 | 2 | 3 |
| Reduced appetite | 0 | 1 | 2 | 3 |
| Increased appetite | 0 | 1 | 2 | 3 |
| Diarrhea | 0 | 1 | 2 | 3 |
| Obstipation  | 0 | 1 | 2 | 3 |
| Sexual dysfunction | 0 | 1 | 2 | 3 |
| Sweating  | 0 | 1 | 2 | 3 |
| Tremor of the hands  | 0 | 1 | 2 | 3 |
| Muscle weakness | 0 | 1 | 2 | 3 |
| Coordination disorder | 0 | 1 | 2 | 3 |