

Timeline flow and activities

2000 2001 2002 2003 2004 2005 2006 2007 2008 2009 2010

Intervention for GPs:

Geriatric quality circle (QC) for general practitioners (GP) bi-monthly

Intervention for senior citizens:

Self-administered written questionnaire
 - baseline (recruitment)
 - wave 1 (2001 – 2002)
 - wave 2 (2007 – 2008)
 - wave 3 (2009 – 2010)

Embedded RCT interventions

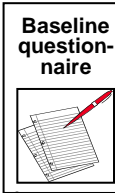
2001-2002 offer to intervention group only:
 Small group sessions carried out by interdisciplinary health educator team or preventive/geriatric home visit carried out by specially trained nurse

2003-2006 offer to control group also:
 Small group sessions carried out by interdisciplinary health educator team

2008-2010 division of all participants according to their functional status (wave 2) into subgroups FIT or pre-FRIL or FRIL: Assessment offer to randomised persons in these subgroups;
 All participants with displacement after WW II and matched control group without displacement (subgroup FORCED): Assessment offer

Interim calls and telephone hotline: all participants e.g. to evaluate primary outcomes such as date of death, nursing care and degree, nursing home admission

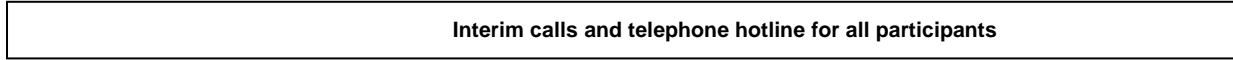
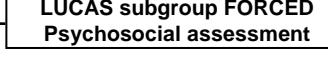
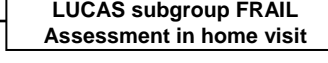
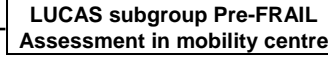
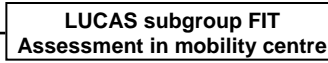
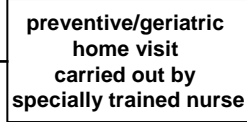
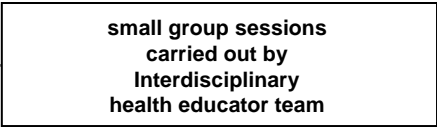
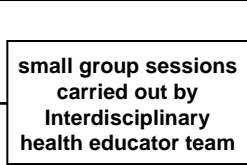
Double check of participant / proxy information about primary outcomes (death, nursing care) with Central Registries of Medical Review Board North of the Statutory Health Insurance (MDK-N) and Hamburg's Central Inhabitant Registry (HCIR)



RCT intervention group

RCT control group (intervention after RCT)

Grading into LUCAS subgroups



central registry MDK-N

central registry HCIR