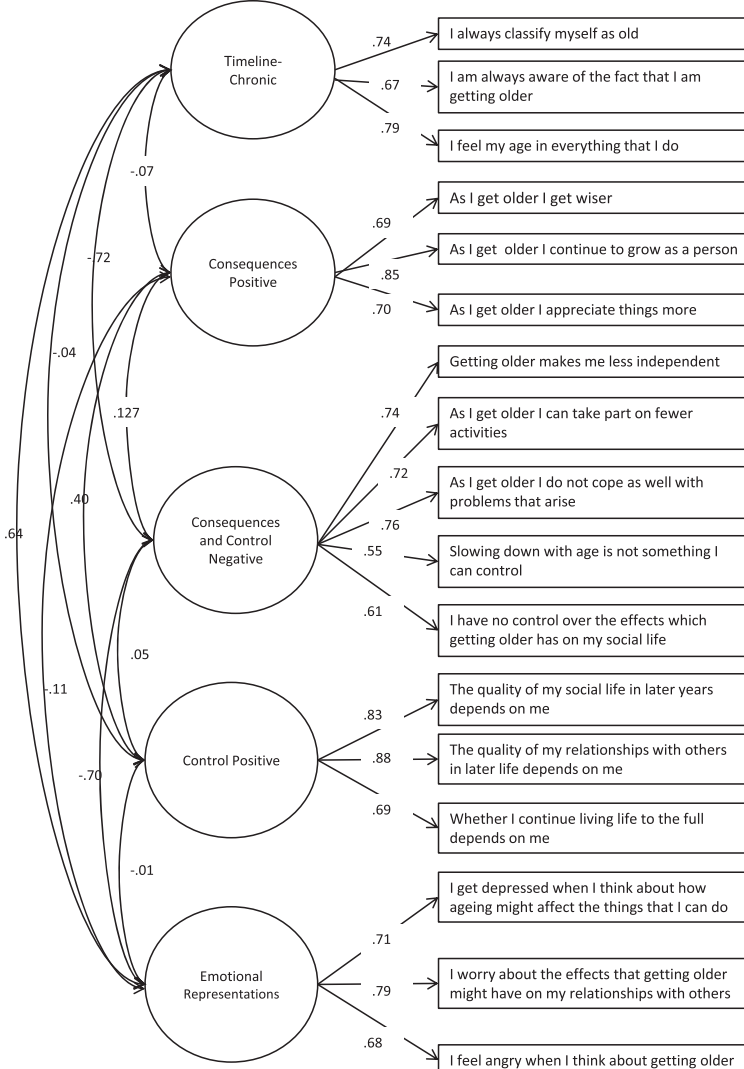
Timeline-Chronic
Consequences Positive
Consequences and Control Negative
Control Positive
Emotional Representations
.74
.67
.79
I always classify myself as old
I am always aware of the fact that I am getting older
I feel my age in everything that I do
.69
.85
.70
As I get older I get wiser
As I get older I continue to grow as a person
As I get older I appreciate things more
.74
.72
.76
.55
.61
Getting older makes me less independent
As I get older I can take part on fewer activities
As I get older I do not cope as well with problems that arise
Slowing down with age is not something I can control
I have no control over the effects which getting older has on my social life
.83
.88
.69
The quality of my social life in later years depends on me
The quality of my relationships with others in later life depends on me
Whether I continue living life to the full depends on me
.71
.79
.68
I get depressed when I think about how ageing might affect the things that I can do
I worry about the effects that getting older might have on my relationships with others
I feel angry when I think about getting older
-.07
-.72
-.04
.127
.40
.64
.05
-.11
-.70
-.01