

Appendix Table 1

Standard procedure for the evaluation of dementia at the Memory Clinic of the Department of Geriatrics, (Inselspital, Bern University Hospital, and) Spital Netz Bern Ziegler, and University of Bern, Switzerland

Clinical interview with patient and caregiver

Standardized questions regarding the following topics are given to both the patient and the caregiver:

- Reason for referral
- Demographic information
- Medical and social history
- Cognitive symptoms (e.g. memory, orientation, attention, language, problem solving, planning, performing routine tasks)
- Emotional symptoms (e.g. depressed mood, apathy, irritability, hallucinations, inappropriate behavior)
- Physical symptoms (e.g. gait, balance, falls, smell, dizziness, tremor, sleep)
- Basic activities of daily living BADL
- Instrumental activities of daily living IADL

Questionnaire to be filled out by the caregiver:

- Nurses' Observation Scale for Geriatric Patients NOSGER II

Clinical examination

- Weight, height, vital signs
- Neurological examination based on a standardized protocol
- Geriatric evaluation of gait and balance (Get Up and Go Test)
- Additional medical examination if necessary

Further diagnostic examinations if not already performed

- Imaging of the brain (MRI or CT)
- Blood tests

Neuropsychological assessment

- Core dementia assessment battery: CERAD plus (Consortium to Establish a Registry for Alzheimer's Disease) completed by neuropsychological tests in the following domains: auditory and visual attention, working memory, abstract thinking, judgment, oral comprehension, mental and written calculation, visual-perceptual skills, apraxia.
- Depression screening: GDS 15 items (Geriatric Depression Scale)