

ADDITIONAL FILE 3

Illustrative 'Maps of a Usual Week'

MEDICAL
SOCIAL
EDUCATIONAL
FAMILY
PAID CARE
DAY CENTRE
ACTIVITY TYPES: OTHER

Nellie	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Morning	7 8 Keeps whole day free for: - blood tests 9 - delivery of medication Cleaner hoovers	7 8 9 Weekly trip to Tesco. Has permanent booking with Dial-a-Ride for transport.	7 8 9 10 11 12	7 8 9 10 11 12	7 8 9 10 11 12	7 8 9 10 11 12	7 8 9 10 11 12
Afternoon	13 14 15 16 17	13 14 15 16 17	13 14 15 16 17	13 14 15 16 17	13 14 15 16 17	13 14 15 16 17	13 14 15 16 17
Evening	18 19 20 21	18 19 20 21	18 19 20 21	18 19 20 21	18 19 20 21	18 19 20 21	18 19 20 21

Elizabeth	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Morning	7 8 9 10 11 12	7 8 9 10 11 12	7 8 9 10 11 12	7 8 9 10 11 12	7 8 9 10 11 12	7 8 9 10 11 12	7 8 9 10 11 12
Afternoon	13 14 15 16 17	13 14 15 16 17	13 14 15 16 17	13 14 15 16 17	13 14 15 16 17	13 14 15 16 17	13 14 15 16 17
Evening	18 19 20 21	18 19 20 21	18 19 20 21	18 19 20 21	18 19 20 21	18 19 20 21	18 19 20 21

Day centres for older people: attender characteristics, access routes and outcomes of regular attendance. Findings of exploratory mixed methods case study research.

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