***Appendix 2***

***Eight-item World Health Organization quality of life measure (WHOQoL)***

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| 1 | Do you have enough energy for everyday life?  |
| 2 | Have you enough money to meet your needs?  |
| 3 | How satisfied are you with your health?  |
| 4 | How satisfied are you with your ability to perform your daily living activities?  |
| 5 | How satisfied are you with your personal relationships?  |
| 6 | How satisfied are you with the conditions of your living place?  |
| 7 | How satisfied are you with your life as whole these days?  |
| 8 | How would you rate your quality of life?  |