

**Additional File 5. Comparison of the distribution of self-rated health between Comprehensive Survey of Living Conditions in Japan in 2004 and the present study**

<b>Self-rated health</b>	<b>Men</b>		<b>Women</b>	
	<b>Comprehensive Survey of Living Conditions</b>	<b>Present study</b>	<b>Comprehensive Survey of Living Conditions</b>	<b>Present study</b>
	<b>%</b>	<b>%</b>	<b>%</b>	<b>%</b>
<b>Good</b>	16.0	32.6	11.5	37.5
<b>Rather good</b>	15.5	45.9	14.5	76.0
<b>Neither good nor poor</b>	44.6	14.7	45.6	26.4
<b>Poor</b>	23.9	6.8	26.7	13.1