

A Typology of caregiving spouses of geriatric patients without dementia: Caring, Worried, Desperate

Interview guide

| Suggested questions/interview topics | Additional Prompts |
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| <p>Introduction</p> <ul style="list-style-type: none"> • Acknowledgement for time and participation • Information about aim of the research project • Information and consent to the recording • Assurance of anonymity | |
| <p>Interview</p> <ul style="list-style-type: none"> • I`d like you to tell me about yourself. Tell me about the most important stages in your life. • I am particularly interested in caregiving spouses. Can you tell me about a typical day with your wife/husband, for example about yesterday? Start with getting up in the morning. • How did it come about that you have taken over the care of your partner? • How would it be if someone else took over the care? Would a nursing home be an alternative? • The Media often talks about the burden of caring for relatives - how is it for you?" • I have also read about positive experiences and aspects of taking over care. What are your experiences in this regard? • You told me about your daily routine and what you do for your wife/husband. Many caregivers in your situation would like support - so how about you? • People who have demanding or stressful experiences often have a very individual approach to dealing with them. They have developed their own strategies - how about you? • What are your thoughts about you and your wife's/husband's future?" | <p>Can you elaborate on this...</p> <p>How do you feel...</p> <p>Can you give me an example ...</p> <p>Can you describe it to me in detail?</p> <p>What happened...</p> <p>What did you think/feel...</p> <p>What does it mean to you...</p> <p>What triggers this in you?</p> |
| <p>Debriefing</p> <ul style="list-style-type: none"> • Is there anything else you would like to share with me regarding your situation? • Closing words | |