**Additional file 2**

**Table S1** An example of an item of the 28-item T-MAPA in English

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| 1. **Doing household chores, e.g., cleaning, doing the laundry and dishes, taking care of children, paying bills.**
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| Please indicate the amount of time that you spent on this activity during the last 3 months. Check the box for the one which describes your condition. Choose only one (Check with V). | Please rate according to how meaningful this activity to you; that is, how much it matters or is personally fulfilling for you.  |
| □ 1. Not at all □ 2. 1–3 times a month□ 3. 1–6 times a week□ 4. Every day | □ 1. Not at all meaningful□ 2. Somewhat meaningful□ 3. Moderately meaningful □ 4. Very meaningful □ 5. Extremely meaningful |