

Records identified through
database searching
(**n = 262**)

Additional records identified
through other sources
(**n = 2**)

Records after duplicates removed
(**n = 245**)

Records screened
(**n = 245**)

Records excluded (articles
did not report on RCTs)
(**n = 229**)

Full-text articles assessed
for eligibility
(**n = 15**)

Full-text articles excluded
(studies not in accordance
with study protocol)
(**n = 11**)

Studies included in
qualitative synthesis
(**n = 4**)