

Review all admissions to ABMUHB or CDDFT hospitals¹ who are aged ≥ 65 years and where consultant has given approval to invite to join study



No exclusion criteria

One or more exclusion criteria; record details

Participant able to consent; discuss study, invite to enroll and provide patient information leaflet

Participant unable to consent; discuss and provide information leaflet to relative / carer



Revisit;² consent obtained

Revisit;² assent obtained

Consent or assent declined; record reason given, if any



Allocate next unique identification number from randomized allocation sequence and provide corresponding numbered IMP³



Collect baseline demographic, clinical and quality of life data



Commence intervention; 1 capsule daily for 21 days



Follow up daily during admission and weekly to 8 weeks after stopping antibiotics (maximum 12 weeks) to document

- occurrence of diarrhoea; collect stool sample if diarrhoea develops
- serious adverse events
- quality of life questionnaire at recruitment and 4 and 8 weeks

Withdraw participants who develop pancreatitis or illness requiring high dependency or intensive care. Stop IMP but include data in intention to treat analysis.