Identification

Records identified through database searching
(n =1,532)

Additional records identified through other sources
(n = 0)

Screening

Record safter duplicates removed
(n =1,477)

Recordsscreened
(n = 1,477)

Records excluded
(n = 1,458)

Eligibility

Full-text articles assessed for eligibility
(n = 19)

Full-text articles excluded, with reasons
(n =4) (1, study on Achilles tendon, 1 reliability study, 1 correlation study, 1 unpublishedstudy

Studies included in qualitative synthesis
(n = 15)

Included

Studies included in quantitative synthesis (meta-analysis)
(n = 15)