

Table S8. Covariates used for the statistical analysis of lipid variables.

Covariates	Lipid Traits				
	HDL-C	LDL-C	TG	ApoA-I	ApoB
Sex (M/F)	X	X	X	X	
Age, years	X		X	X	
Body mass index, kg/m ²		X			X
Waist, cm	X		X		
Current smoking (yes/no)	X	X			
Jobmin, min	X	X	X		
Staff (junior/senior)		X			X

ApoA-I, apolipoprotein A-I; ApoB, apolipoprotein B; HDL-C, high-density lipoprotein cholesterol; LDL-C, low-density lipoprotein cholesterol; TG, triglycerides.

All phenotypic values were Box-Cox transformed prior to statistical analyses.

“X” represents covariates that were used in adjustment in statistical analyses.

Body mass index (BMI), weight (kg)/[height (m)]².

Jobmin, minutes of walking or biking to work each day.

Staff, occupational status: junior, non-professional staff with salary grades 1-6; and senior, professional and administrative staff with salary grades 7-16.

Waist, waist measurement at the narrowest point or at the umbilicus if the narrowest point was undetermined.