

TAKE-IT
Intervention

Common Barriers

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• Clarify allocation of responsibility for regimen tasks

• Dose reminders
• Pillbox

• Education (disease and treatment)

Lack of parental supervision/ support

Poor patient – parent communication

Forgetting

Poor organization/planning or scheduling issues

Poor medication/ disease knowledge

• Enlist parents, caregivers, others to provide support

• 'Implementation intentions'

• Problem-solving skills