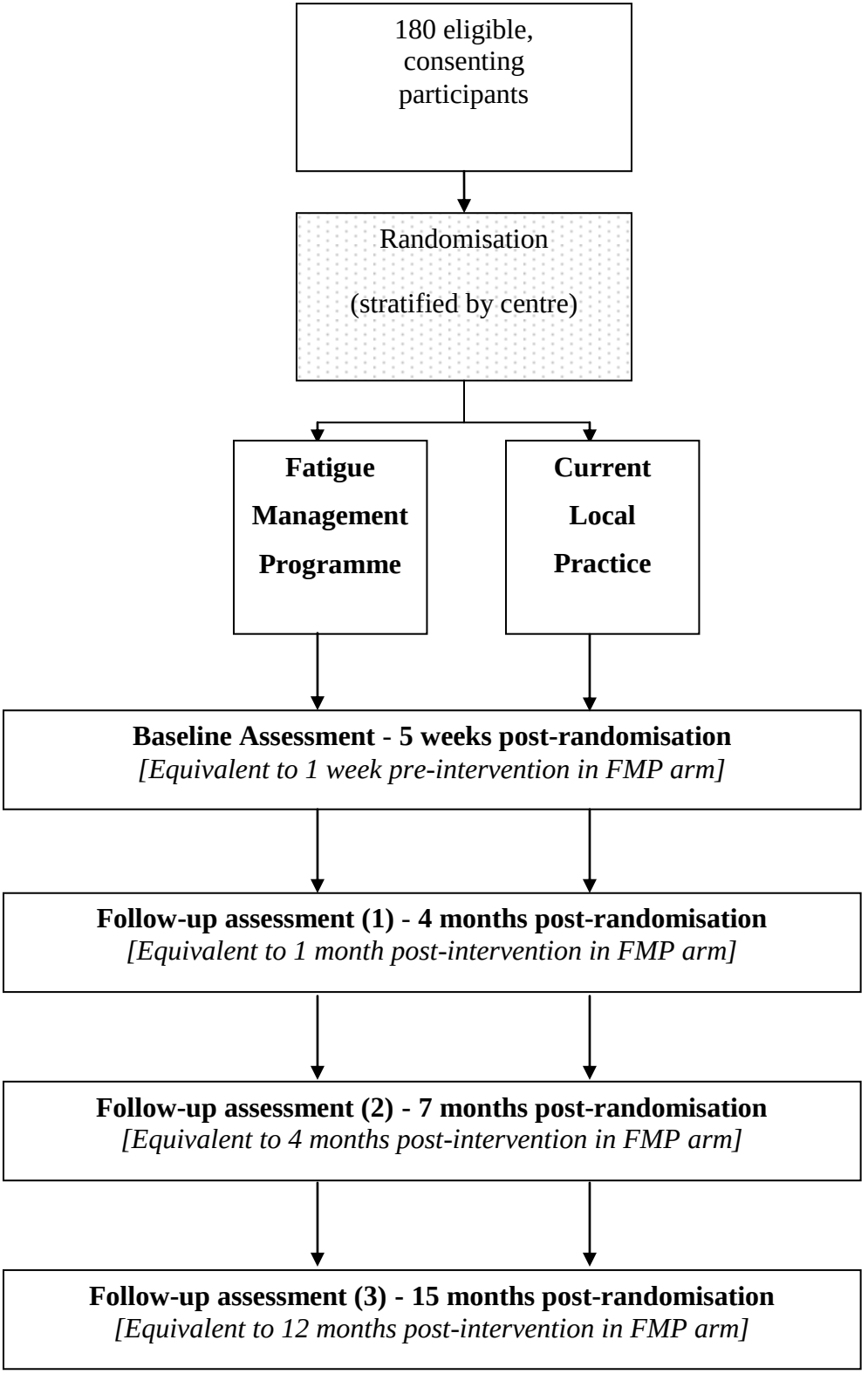
180 eligible, consenting participants
Randomisation
(stratified by centre)
Fatigue Management Programme
Current Local Practice
Baseline Assessment - 5 weeks post-randomisation
[Equivalent to 1 week pre-intervention in FMP arm]
Follow-up assessment (1) - 4 months post-randomisation
[Equivalent to 1 month post-intervention in FMP arm]
Follow-up assessment (2) - 7 months post-randomisation
[Equivalent to 4 months post-intervention in FMP arm]
Follow-up assessment (3) - 15 months post-randomisation
[Equivalent to 12 months post-intervention in FMP arm]