

<i>PSQ Item</i>	<i>Domains Assessed</i>	<i>Responses</i>	<i>Score</i>
PSQ1: What was the overall quality of your sleep during the past week?	Sleep Qualityz	Excellent (I slept well without Waking and awoke fresh)	1
		Reasonable (I slept moderately well; I awoke rarely and went back to sleep without difficulty; I awoke feeling fine)	2
		Poor (I slept poorly and awoke frequently; I lay awake a lot of the night; I awoke feeling tired)	3
PSQ2: Over the last week, how would you rate your ability to function during the day?	Daytime Functioning	Excellent (I was alert and able to focus well on my daily activities)	1
		Good (I completed my daily activities with reasonable focus)	2
		Moderate (I accomplished most of what I had planned for the day, but felt drowsy and unable to focus well on my tasks)	3
		Poor (I was tired all day and felt like taking a nap or took at least 1 nap)	4
PSQ3: How often did you have RLS symptoms at night during the past week?	Nights with RLS symptoms	_____ nights	0 to 7
<i>If you did not have RLS symptoms on any night during the past week (your response to question 3 was 0), then skip questions 4 and 5 below</i>			Score PSQ4 and PSQ5 as 0; 'No RLS symptom'
PSQ4: On those nights during the last week when you experienced RLS symptoms, how often did you wake during the night because of the RLS symptoms?	RLS-related Sleep Disturbance	0 times	1
		1-2 times	2
		3-4 times	3
		5 or more times	4
PSQ5: On those nights when you experienced RLS symptoms, how long were you awake during the night because of the RLS symptoms?	RLS-related Sleep Latency	Did not wake-up	1
		Less than 1 hour	2
		1 hour to less than 2 hours	3
		2 hours to less than 3 hours	4
		3 or more hours	5