

Assessed for eligibility (n=909):
Singleton pregnancy 15+⁰ to 17+⁶ weeks gestation and BMI \geq 30kg/m²
Women with certain pre-existing conditions excluded

Excluded (n=726):
Did not meet inclusion criteria (n=243)
Declined to participate (n=473)
Miscarriage/TOP after consent (n=10)

Randomised (n=183)

Allocated to control arm (n=89)

Allocated to intervention arm (n=94)

Lost to follow-up:
Women: n=14
Neonates: n=5

Lost to follow-up:
Women: n=15
Neonates: n= 9
Discontinued intervention: 4
Preterm delivery: 0
Withdrew: 4

Analysed (primary endpoint):
Women: n=75
Neonates: n=84
Excluded from analysis: 0

Analysed:
Women: n=79
Neonates: n= 85
Excluded from analysis:0