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Social

- Gendered divisions of labour and space, especially during pregnancy/birth/childrearing
- Maternal and child health spaces 'inaccessible' to men due to gender and/or generational dynamics
- Pressure to embrace dominant socio-cultural definition of masculinity
- No support for 'alternative masculinities' – men are ridiculed for stepping outside gender 'boundaries'

Economic

- Men must work to support families financially, often required to travel away from home to work
- Employer and /or national policies do not allow men time from work during pregnancy, childbirth, postpartum periods

Institutional

- Health and gender programs often only target women, men remain uneducated on relevant health behaviours
- Health facilities are not welcoming to/prohibit men